



Università di Foggia

DIPARTIMENTO CARDIO-TORACO-VASCOLARE

*S.C. CARDIOLOGIA UNIVERSITARIA*

OSPEDALI RIUNITI FOGGIA

DIPARTIMENTO SCIENZE MEDICHE & CHIRURGICHE

*CATTEDRA DI CARDIOLOGIA*

*SCUOLA DI SPECIALIZZAZIONE IN CARDIOLOGIA*

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## Nuovi approcci ipocolesterolemizzanti: Gli anti PCSK9

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**Prof Natale Daniele Brunetti, MD, PhD, HD, FESC**

**Sorrento, 11 ottobre 2019**

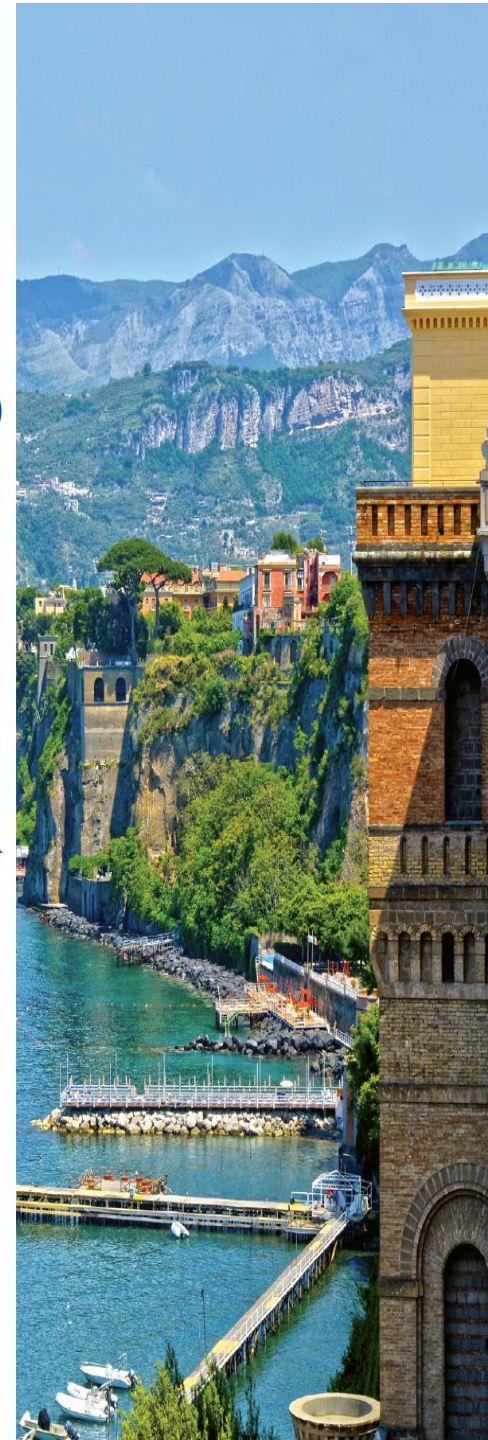


# XXIX CONGRESSO NAZIONALE ANCE

## PROGRAMMA

**10 - 13 OTTOBRE 2019**

*Centro Congressi  
Hilton Sorrento Palace  
Sorrento (NA)*



# Statine: una lunga storia...



Akira Endo  
1976



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National Institutes of Health

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Format: Abstract

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J Antibiot (Tokyo). 1976 Dec;29(12):1346-8.

**ML-236A, ML-236B, and ML-236C, new inhibitors of cholesterologenesis produced by *Penicillium citrinum*.**

Endo A, Kuroda M, Tsujita Y.

PMID: 1010803

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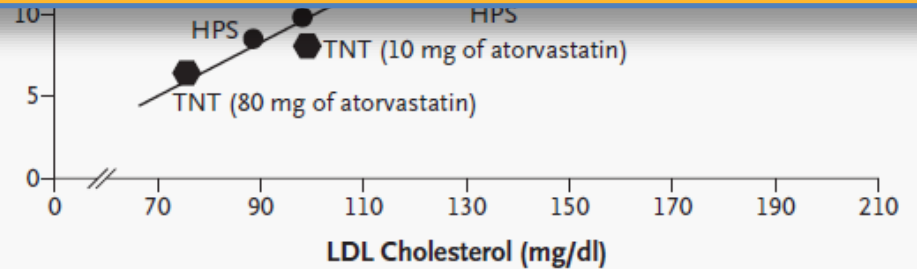
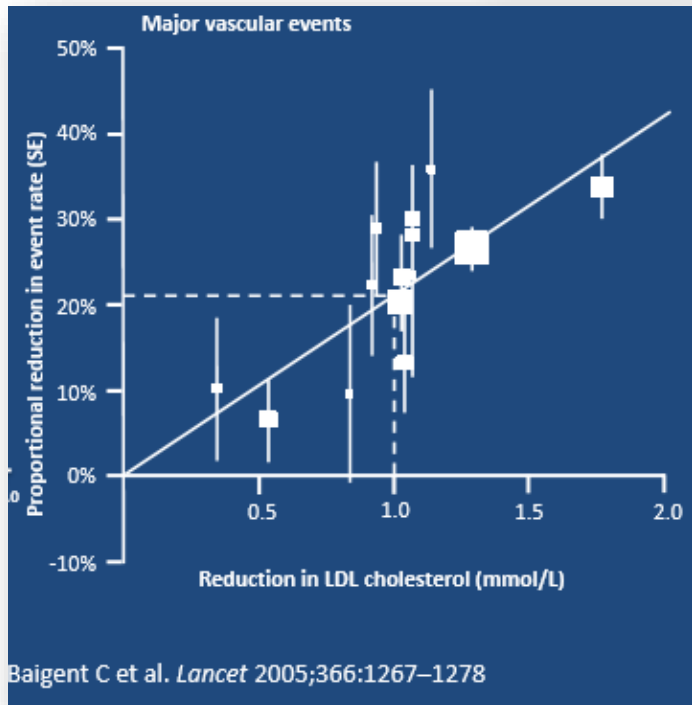
Similar articles

Inhibition of cholesterol synthesis in vivo by ML-236A and ML-2 [Eur

Meva-statina

Per riduzione di 1 mmol/L (39 mg/dl)  
il rischio si riduce del 22%

Lancet 2010;376:1670-81



**Figure 4.** Event Rates Plotted against LDL Cholesterol Levels during Statin Therapy in Secondary-Prevention Studies.

HPS denotes Heart Protection Study,<sup>1</sup> CARE Cholesterol and Recurrent Events Trial,<sup>10</sup> LIPID Long-term Intervention with Pravastatin in Ischaemic Disease,<sup>11</sup> and 4S Scandinavian Simvastatin Survival Study.<sup>12</sup> Event rates

The lower, the better

# Statine e riduzione rischio cardiovascolare

1.000 pz con statina dose media

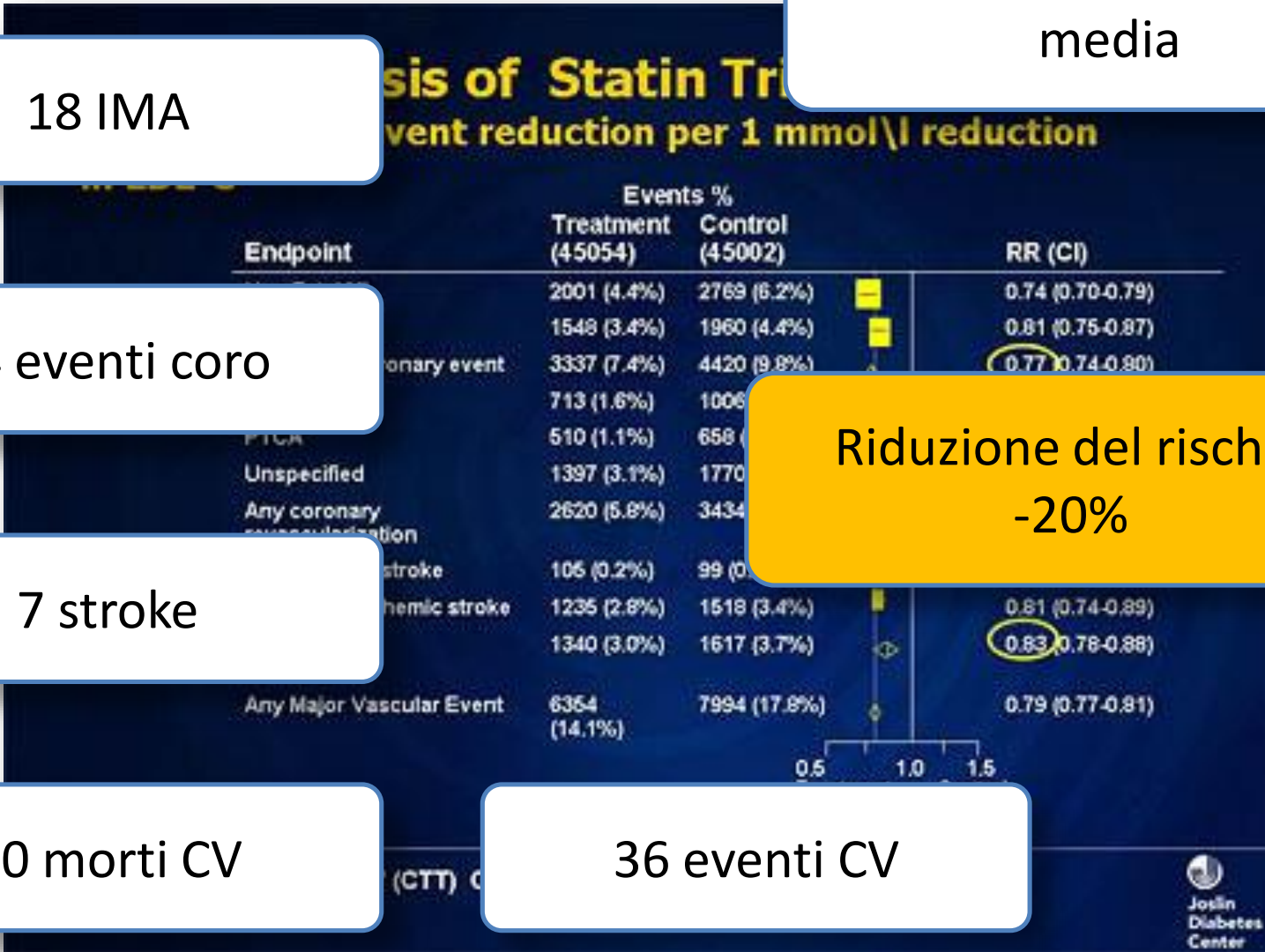
18 IMA

24 eventi coro

7 stroke

10 morti CV

36 eventi CV



Riduzione del rischio -20%

## Interpretation of the evidence for the efficacy and safety of statin therapy



Rory Collins, Christina Reith, Jonathan Emberson, Jane Armitage, David DeMets, Stephen Evans, Malcolm Law, Stephen MacMahon, Anthony Rodgers, Peter Sandercock, Kenneth Schulz, Peter Sever

### Summary

This Review is intended to help clinicians, patients, and the public make informed decisions about statin therapy for the prevention of heart attacks and strokes. It explains how the evidence that is available from randomised controlled trials yields claims that are more certain than those from observational studies. In addition, it discusses how limitations of other sources of evidence affect the interpretation of their results.

Published Online  
September 8, 2016  
[http://dx.doi.org/10.1016/S0140-6736\(16\)31357-5](http://dx.doi.org/10.1016/S0140-6736(16)31357-5)

10.000 pz con atorva 40mg 5 anni

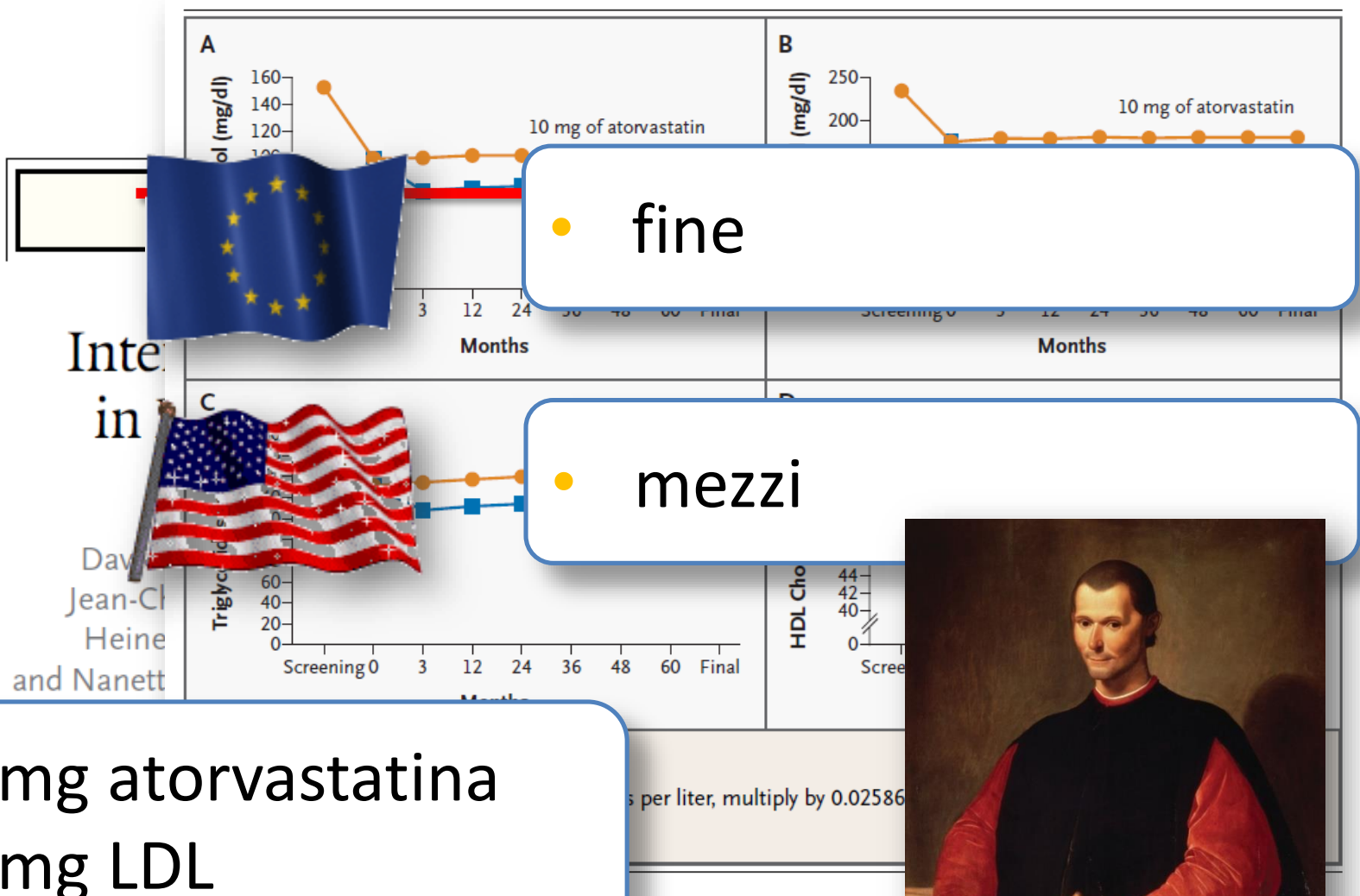
- 1.000 eventi CV maggiori

- 2 sterline /mese

- 5 miopatie
- 50-100 diabete
- 5-10 stroke emorragici

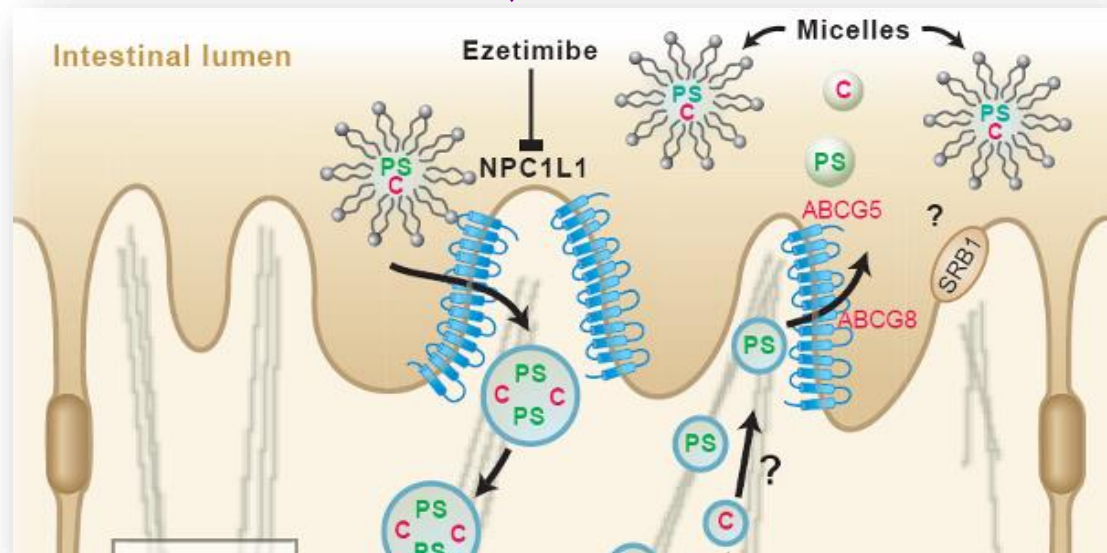
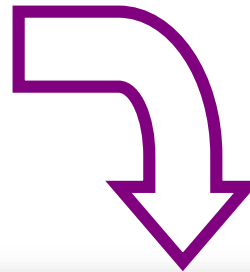
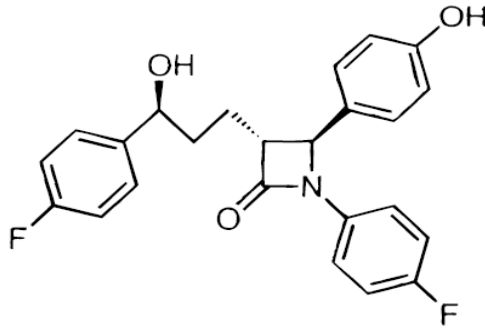


# Linee guida americane vs europee: TNT study



2015

PNAS

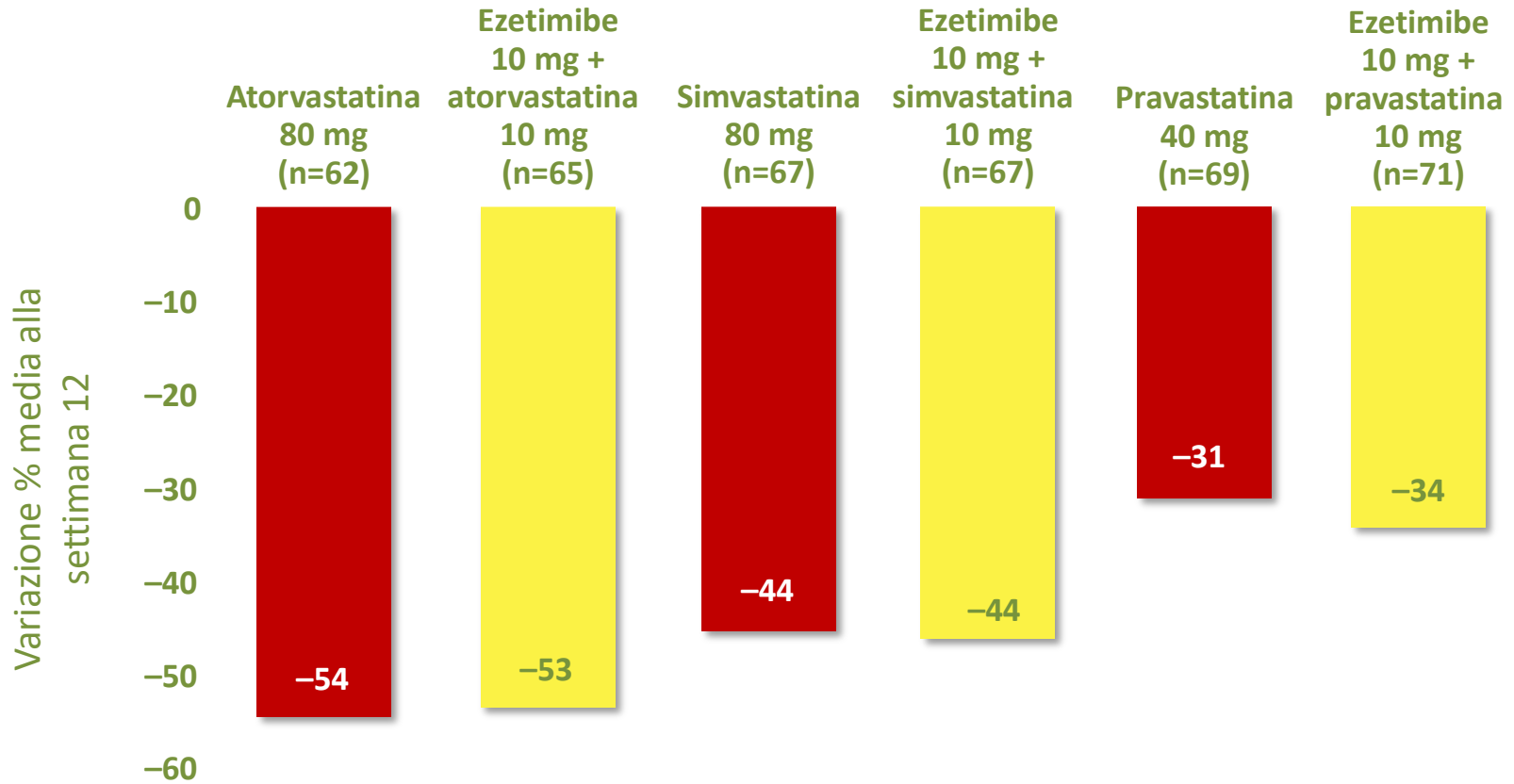


Science, 303, 1149, 2004

**The target of ezetimibe is Niemann-Pick C1-Like 1 (NPC1L1)**

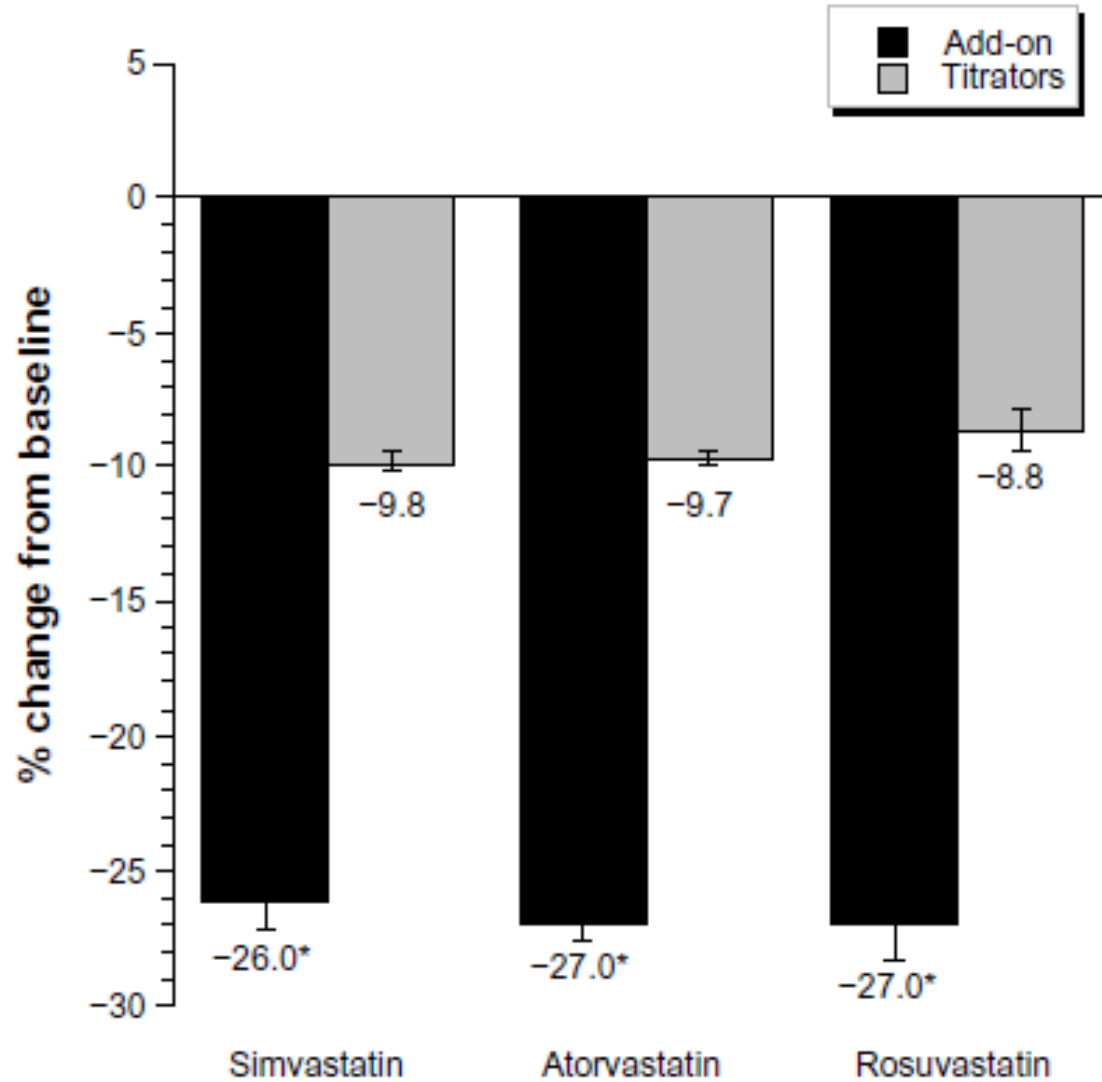
PNAS 102, 8132, 2005

# Effetto ezetimibe: stesso risultato con meno statina





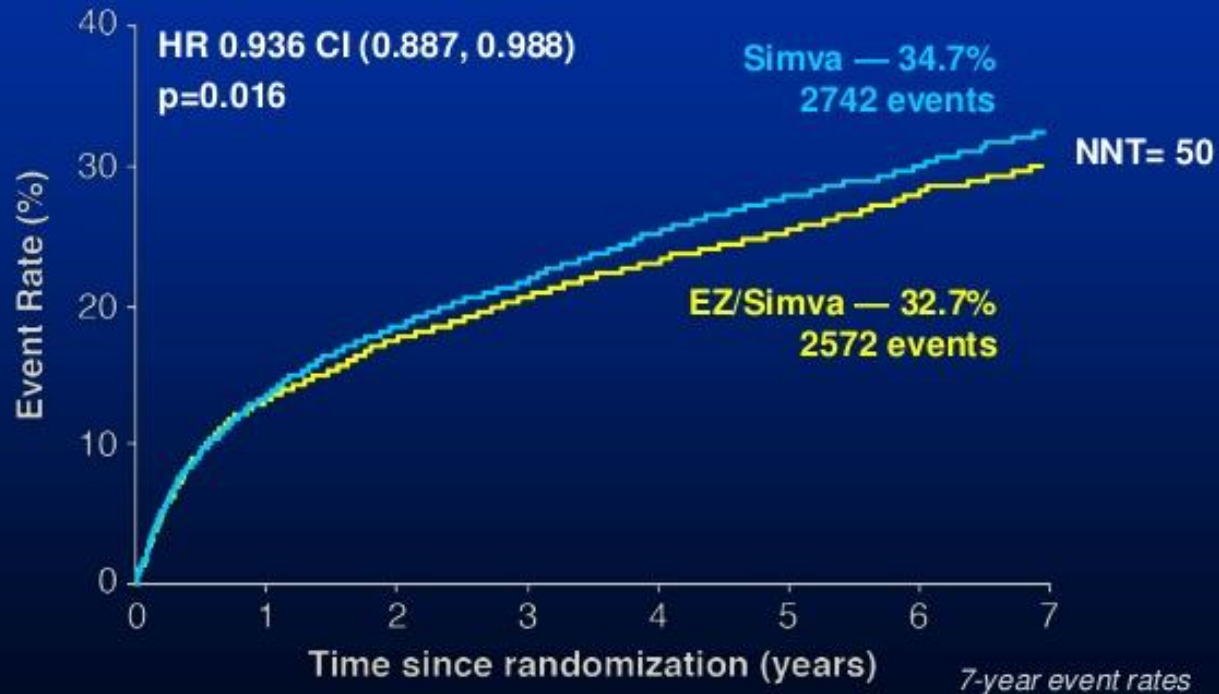
# Effetto ezetimibe: meglio add on che titolazione



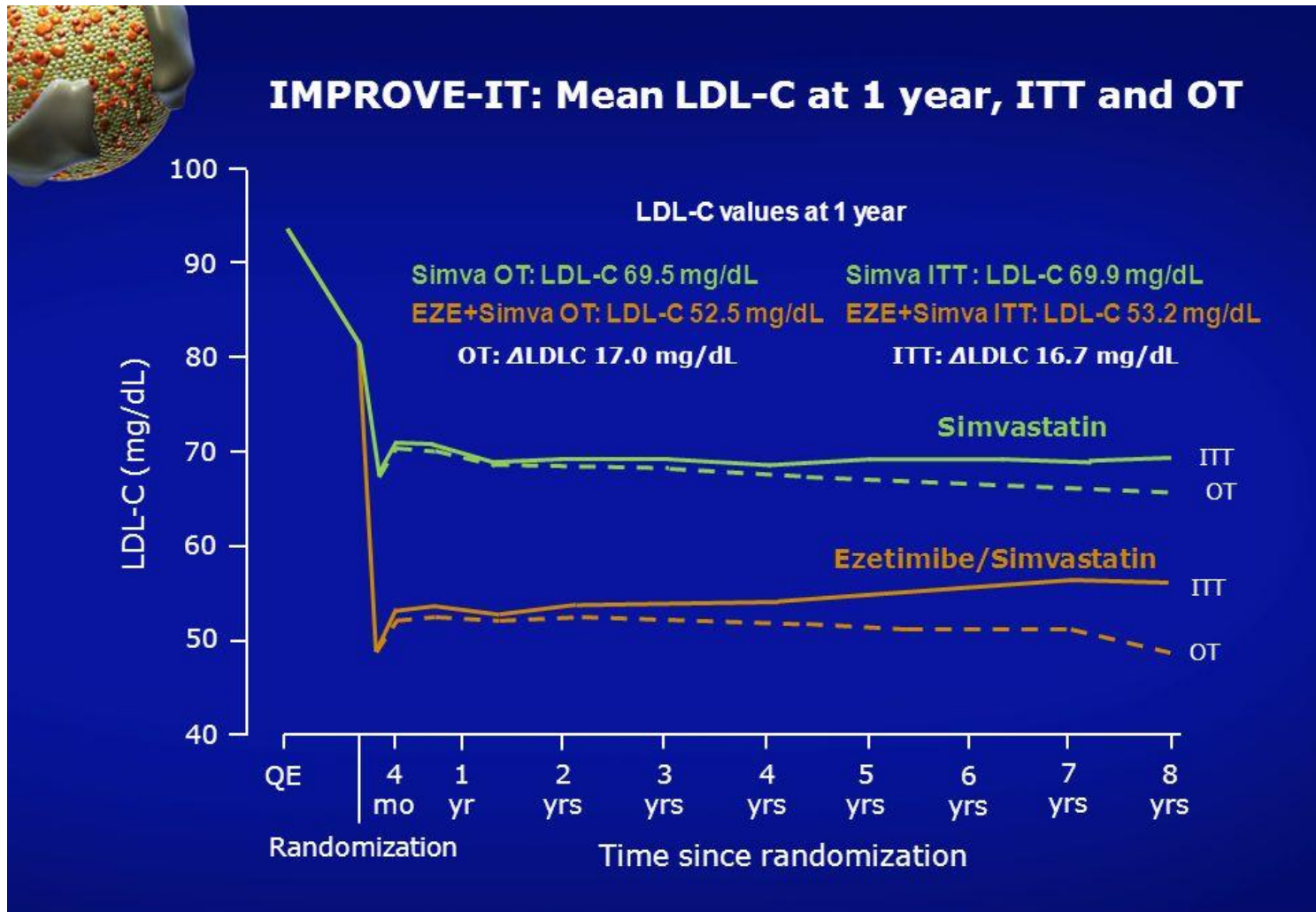
## Primary Endpoint — ITT



Cardiovascular death, MI, documented unstable angina requiring rehospitalization, coronary revascularization ( $\geq 30$  days), or stroke







## Mutations in *PCSK9* cause autosomal dominant hypercholesterolemia

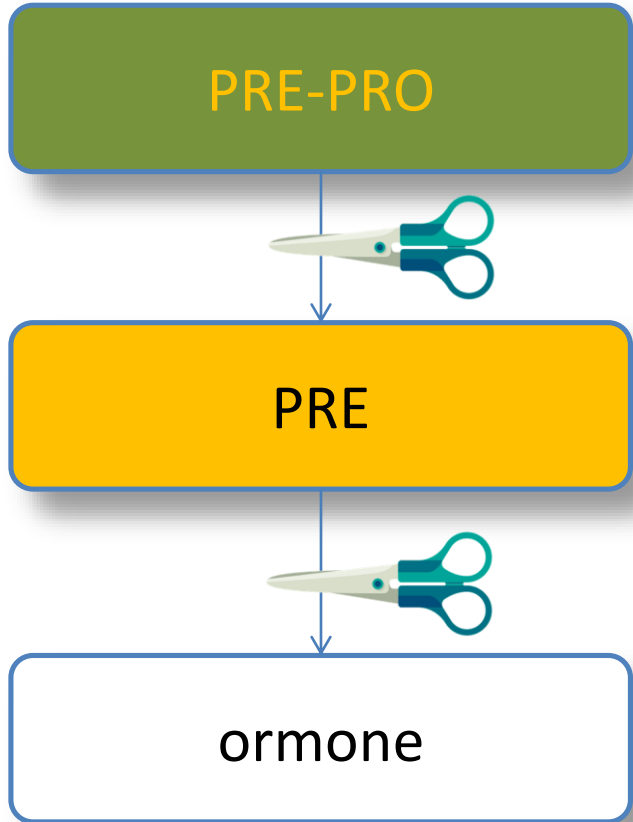
Marianne Abifadel<sup>1,2</sup>, Mathilde Varret<sup>1</sup>, Jean-Pierre Rabès<sup>1,3</sup>, Delphine Allard<sup>1</sup>, Khadija Ouguerram<sup>4</sup>, Martine Devillers<sup>1</sup>, Corinne Cruaud<sup>5</sup>, Suzanne Benjannet<sup>6</sup>, Louise Wickham<sup>6</sup>, Danièle Erlich<sup>1</sup>, Aurélie Derré<sup>1</sup>, Ludovic Villéger<sup>1</sup>, Michel Farnier<sup>7</sup>, Isabel Beucler<sup>8</sup>, Eric Bruckert<sup>9</sup>, Jean Chambaz<sup>10</sup>, Bernard Chanu<sup>11</sup>, Jean-Michel Lecerf<sup>12</sup>, Gerald Luc<sup>12</sup>, Philippe Moulin<sup>13</sup>, Jean Weissenbach<sup>5</sup>, Annick Prat<sup>6</sup>, Michel Krempf<sup>4</sup>, Claudine Junien<sup>1,3</sup>, Nabil G Seidah<sup>6</sup> & Catherine Boileau<sup>1,3</sup>

Autosomal dominant hypercholesterolemia (ADH; OMIM144400), a risk factor for coronary heart disease, is characterized by an increase in low-density lipoprotein cholesterol levels that is associated with mutations in the genes *LDLR* (encoding low-density lipoprotein receptor) or *APOB* (encoding apolipoprotein B). We mapped a third locus associated with ADH, *HCHOLA3* at 1p32, and now report two mutations in the gene *PCSK9* (encoding proprotein convertase subtilisin/kexin type 9) that cause ADH. *PCSK9* encodes NARC-1 (neural apoptosis regulated convertase), a newly identified human subtilase that is highly expressed in the liver and contributes to cholesterol homeostasis.

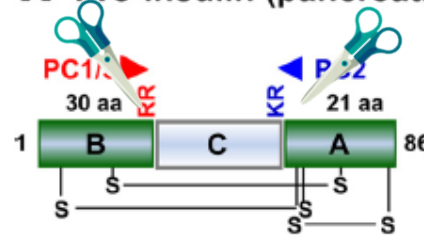


Gain of function PCSK9

# Pro-protein convertasi

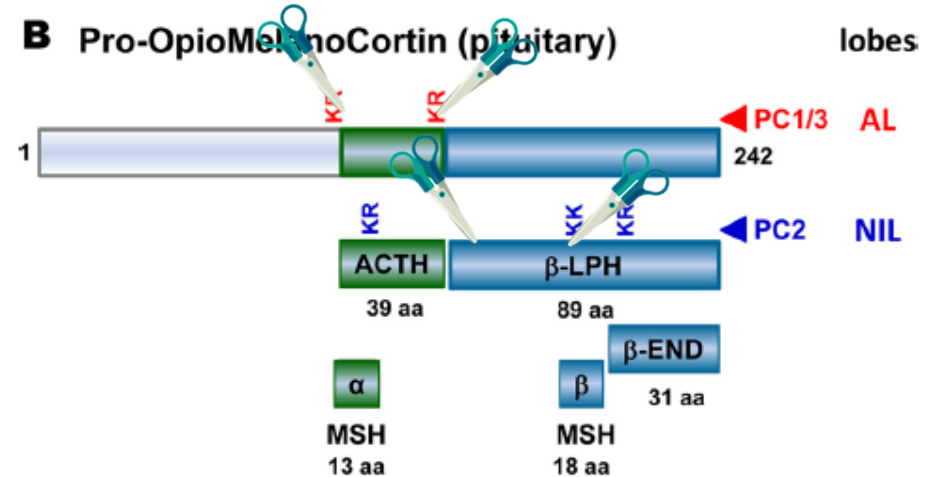


## A Pro-Insulin (pancreatic $\beta$ cells)



Steiner DF. On the discovery of precursor processing. *Methods Mol Biol.* 2011;768:3–11.

## B Pro-Opiomelanocortin (pituitary)



## C Pro-Glucagon

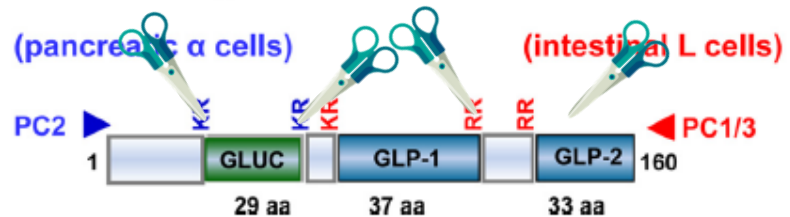
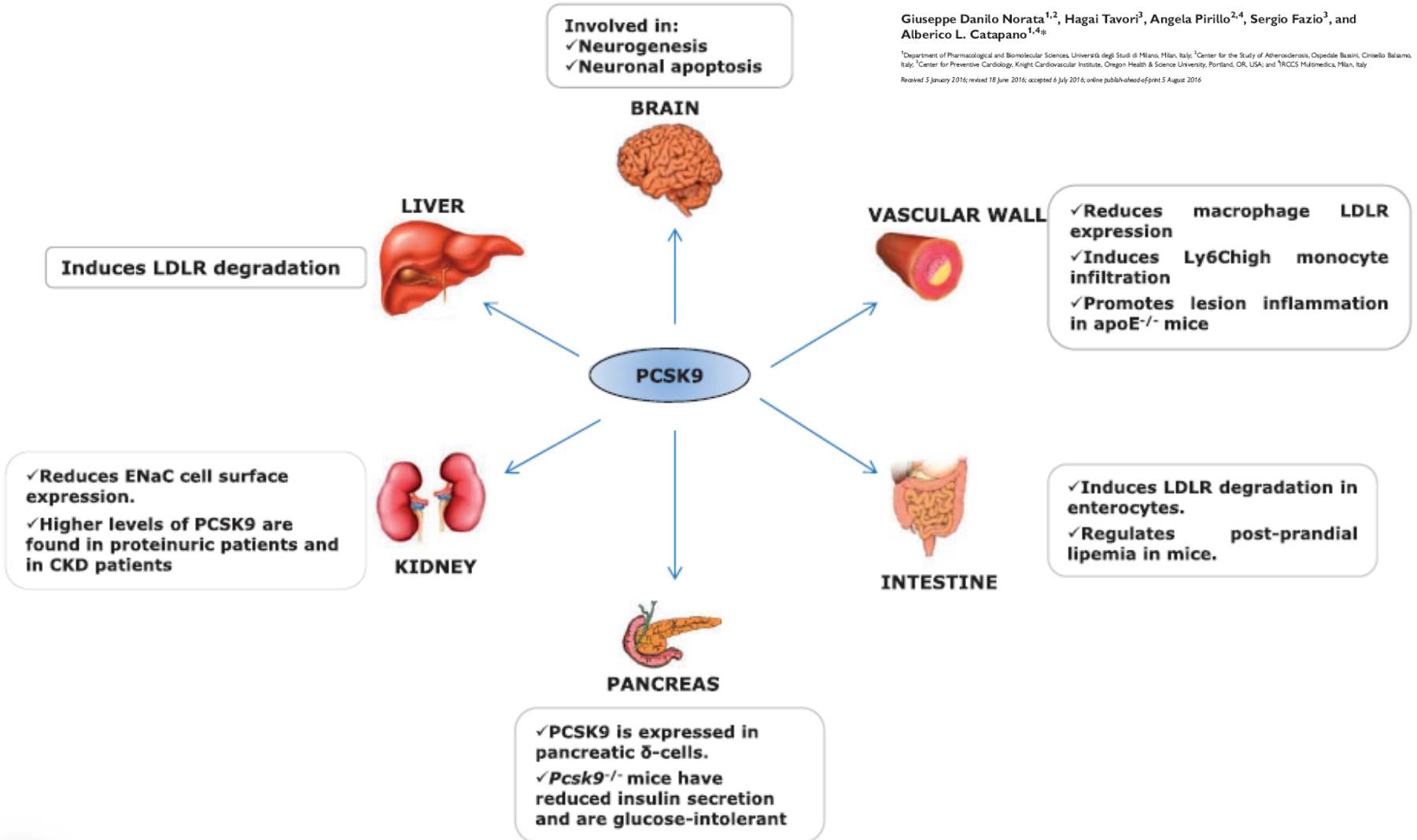


FIGURE 3. Cooperation and distinctiveness of PC1/3 and PC2 in the processing of three representative substrates. A, proinsulin processing in pan-

## Biology of proprotein convertase subtilisin kexin 9: beyond low-density lipoprotein cholesterol lowering

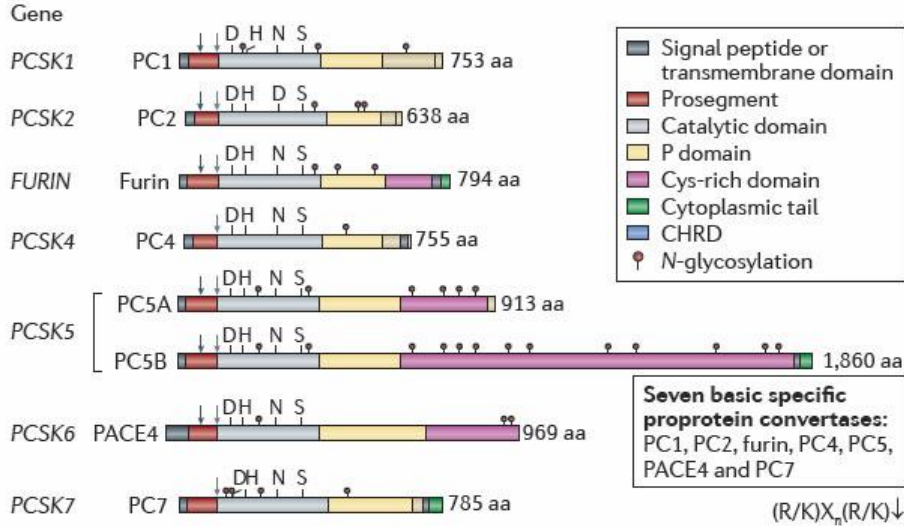
Giuseppe Danilo Norata<sup>1,2</sup>, Hagai Tavori<sup>3</sup>, Angela Pirillo<sup>2,4</sup>, Sergio Fazio<sup>3</sup>, and Alberico L. Catapano<sup>1,4\*</sup>

<sup>1</sup>Department of Pharmacological and Biomolecular Sciences, Università degli Studi di Milano, Milan, Italy; <sup>2</sup>Center for the Study of Atherosclerosis, Ospedale Basilio, Cinisello Balsamo, Italy; <sup>3</sup>Center for Preventive Cardiology, Knight Cardiovascular Institute, Oregon Health & Science University, Portland, OR, USA; and <sup>4</sup>IRCCS MultiMedica, Milan, Italy  
Received 5 January 2016; revised 18 June 2016; accepted 6 July 2016; online published ahead of print 5 August 2016

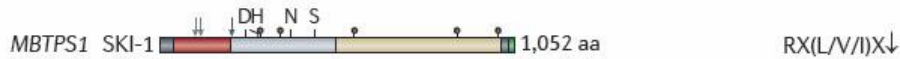


# Famiglia delle pro-protein convertasi

## Kexin-like



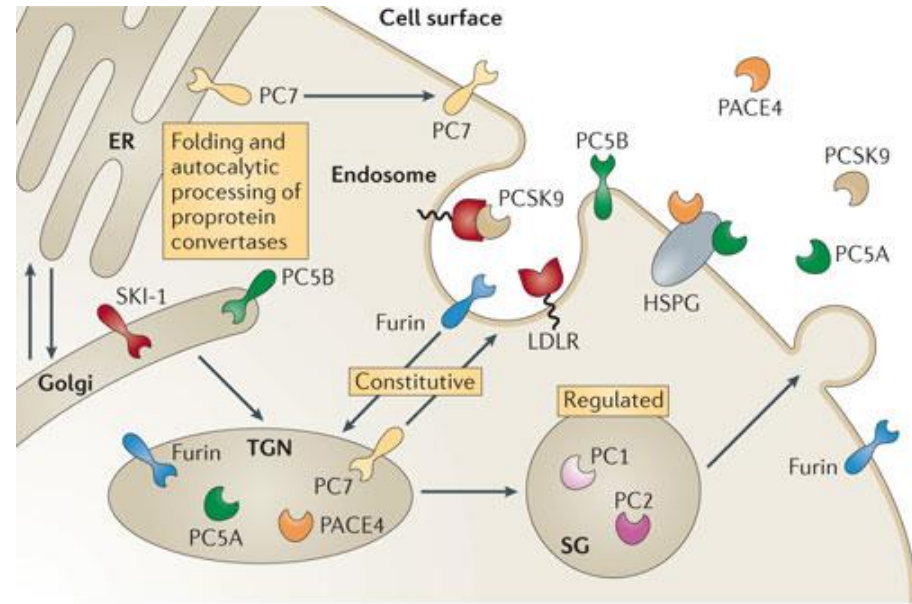
## Pyrolysine-like



## Proteinase K-like



Nature Reviews | Drug Discovery



Nature Reviews | Drug Discovery





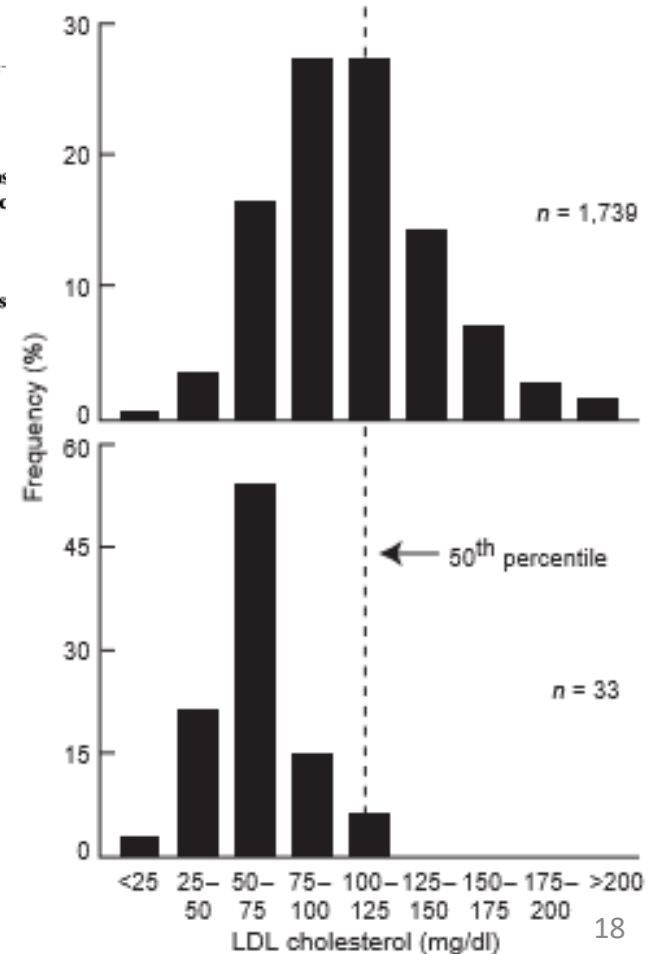
### Low LDL cholesterol in individuals of African descent resulting from frequent nonsense mutations in *PCSK9*

Jonathan Cohen<sup>1-3</sup>, Alexander Pertsemlidis<sup>2,3</sup>, Ingrid K Kotowski<sup>4</sup>, Randall Graham<sup>1</sup>, Christine Kim Garcia<sup>1</sup> & Helen H Hobbs<sup>1-4</sup>

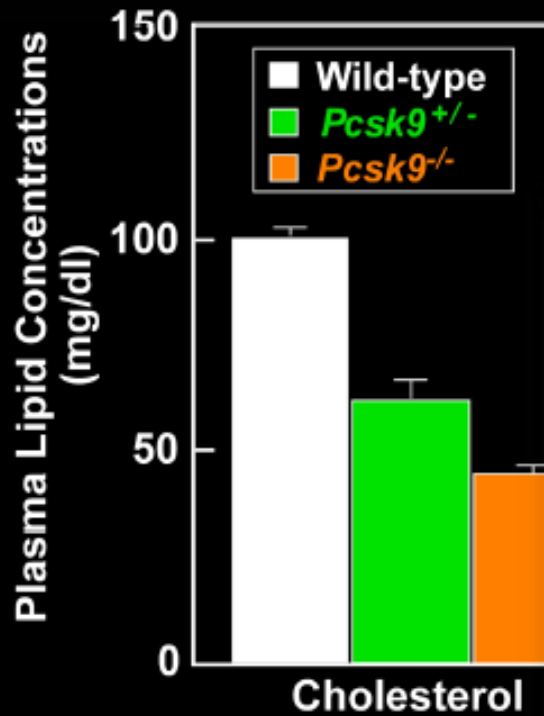
The low-density lipoprotein receptor (LDLR) prevents hypercholesterolemia and atherosclerosis by removing low-density lipoprotein (LDL) from circulation. Mutations in the genes encoding either LDLR<sup>1</sup> or its ligand (APOB)<sup>2</sup> cause severe hypercholesterolemia. Missense mutations in *PCSK9*, encoding a serine protease in the secretory pathway<sup>3</sup>, also cause hypercholesterolemia<sup>4</sup>. These mutations are probably gain-of-function mutations, as overexpression of *PCSK9* in the liver of mice produces hypercholesterolemia<sup>5-7</sup> by reducing LDLR number. To test whether loss-of-function mutations in *PCSK9* have the opposite effect, we sequenced the coding region of *PCSK9* in 128 subjects (50% African American) with

low plasma levels of LDL and found two nonsense mutations (Y142X and C679X). These mutations were common in African Americans (combined frequency, 2%) but rare in European Americans (<0.1%) and were associated with a 40% reduction in plasma levels of LDL cholesterol. These data indicate that common sequence variations have large effects on plasma cholesterol levels in selected populations.

Loss of function



## Plasma Cholesterol Levels are Reduced in PCSK9 KO Mice



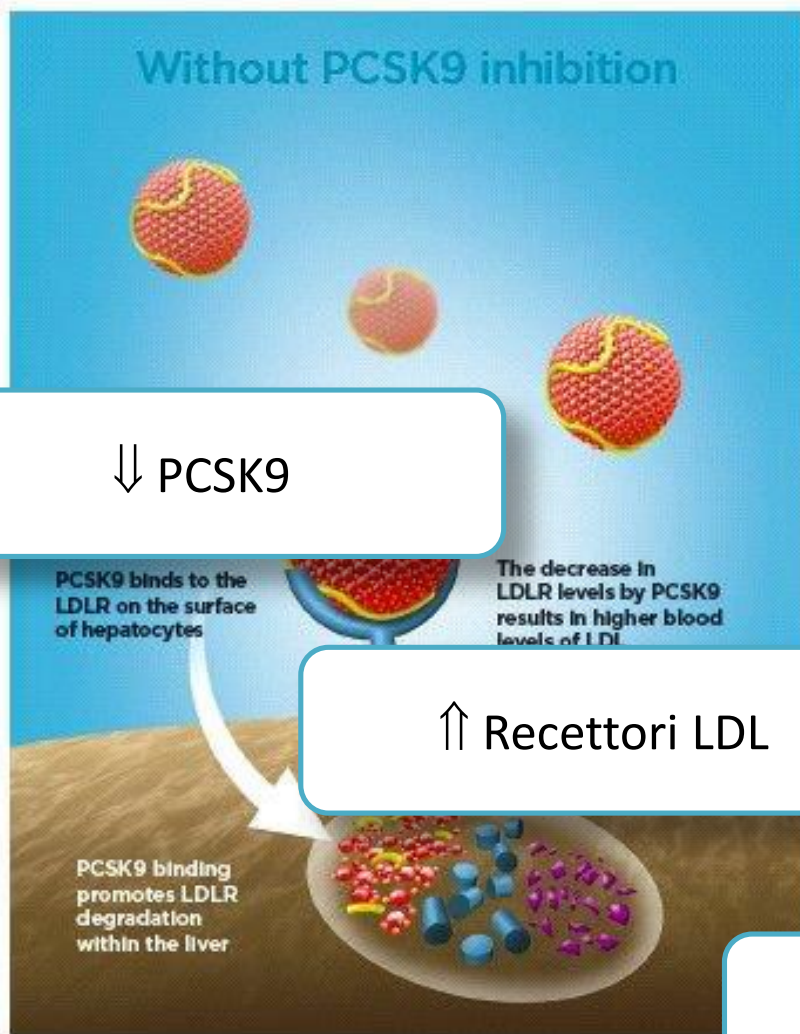
## LOF Mutations in PCSK9 Lower CHD

ARIC Study (NIH): Eric Boerwinkle

	African-Americans	European-Americans
LDL:	↓ 28%	↓ 15%
CHD: (over 15 y)	↓ 88%	↓ 46%

*Lancet*, 2007 (McPherson)  
*NEJM*, 2008 (Katherisan)

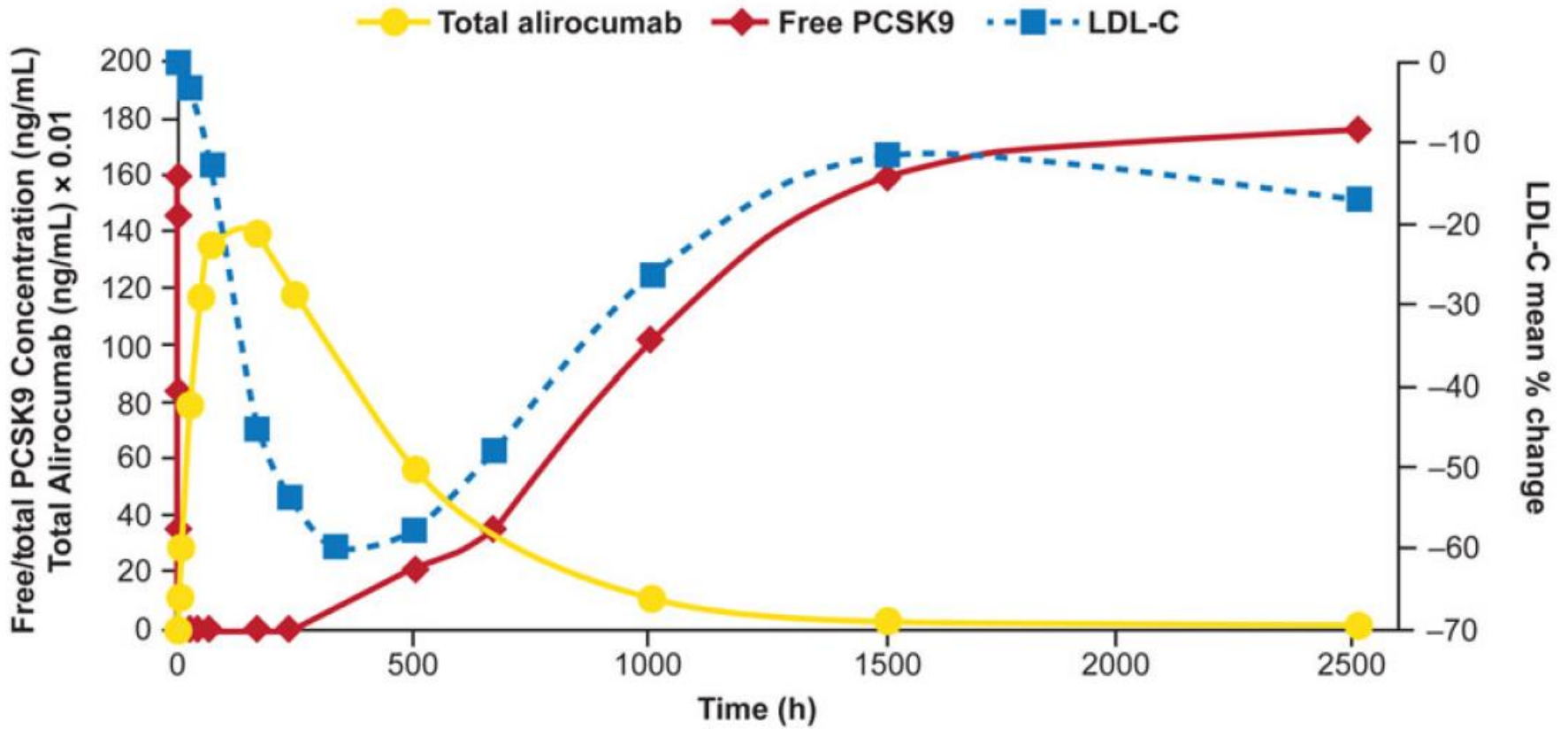
# PCSK9i: meccanismo d'azione



↑ Recettori LDL

↓ LDL

# Farmacocinetica PCSK9i



# Target terapeutici in aggiunta a statine

- 60-70%

## Original Investigation

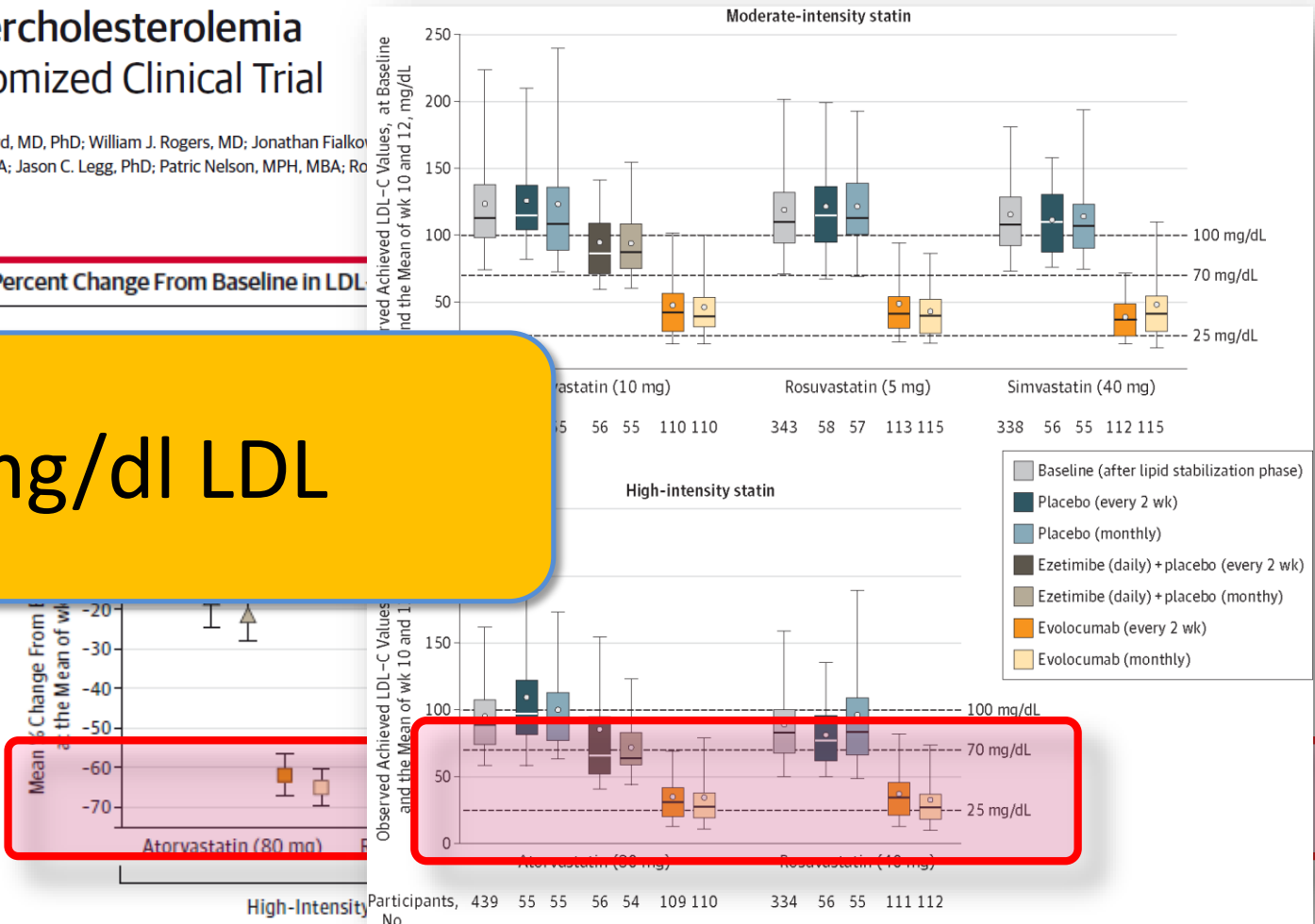
### Effect of Evolocumab or Ezetimibe Added to Moderate- or High-Intensity Statin Therapy on LDL-C Lowering in Patients With Hypercholesterolemia

#### The LAPLACE-2 Randomized Clinical Trial

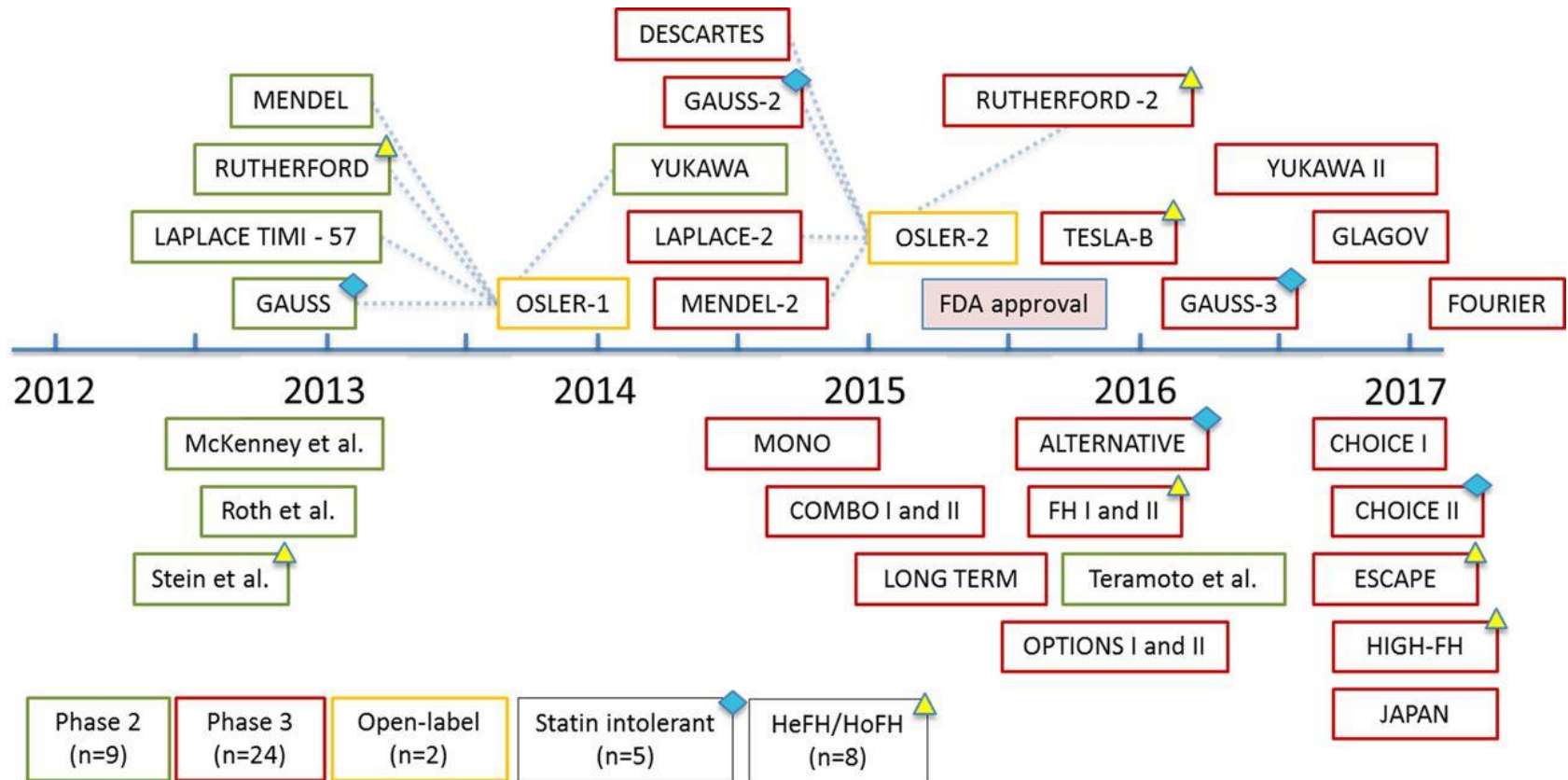
Jennifer G. Robinson, MD, MPH; Bettina S. Nedergaard, MD, PhD; William J. Rogers, MD; Jonathan Fialko David Ramstad, MD, MPH; Ransi Somaratne, MD, MBA; Jason C. Legg, PhD; Patric Nelson, MPH, MBA; Robert Weiss, MD; for the LAPLACE-2 Investigators

Figure 3. Mean Percent Change From Baseline in LDL-C

30 mg/dl LDL

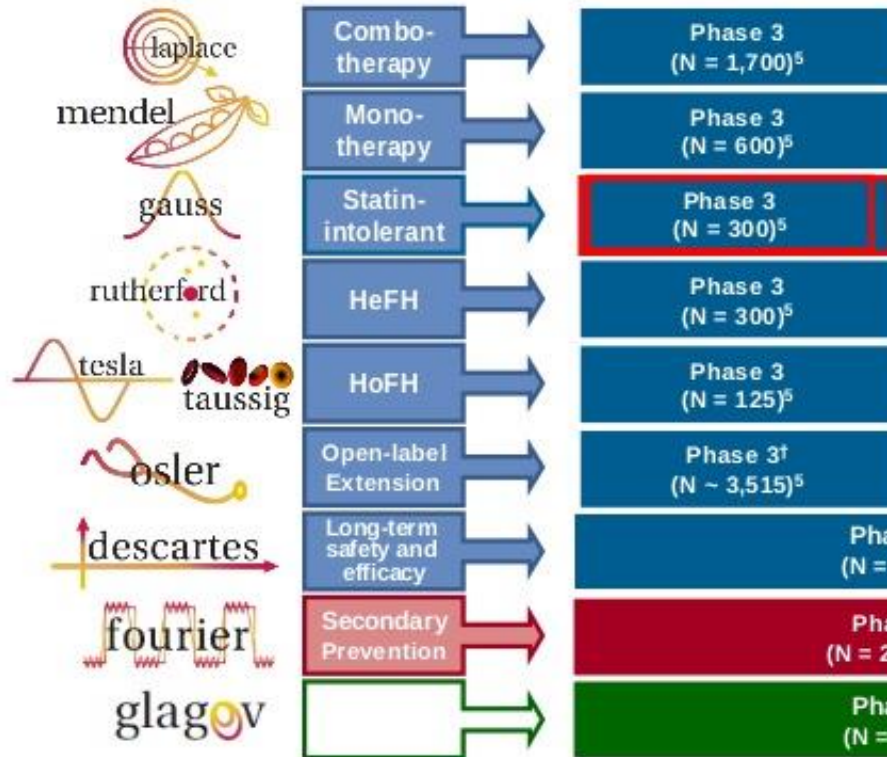


# PCSK9i: una storia di 10 anni



## PROFICIO

Program to Reduce LDL-C and Cardiovascular Risk Following Inhibition of PCSK9 Inhibitors



<b>HeFH population</b>	Add-on to maximum tolerated statin ± other LLT		
	<b>FH I<sup>3*</sup></b> n = 486 Duration: 78 weeks	<b>FH II<sup>3*</sup></b> n = 249 Duration: 78 weeks	<b>HIGH FH<sup>4*</sup></b> n = 107 Duration: 78 weeks
	Add-on to maximum tolerated statin ± other LLT		
<b>High CV risk population</b>	Add-on to maximum tolerated statin ± other LLT		
	<b>COMBO I<sup>5*</sup></b> n = 316 Duration: 52 weeks	<b>COMBO II<sup>6*</sup></b> n = 720 Duration: 104 weeks	<b>LONG TERM<sup>7*</sup></b> n = 2,341 Duration: 78 weeks
	Add-on to maximum tolerated statin ± other LLT		
<b>Statin intolerant population</b>	Unable to tolerate ≥ 2 statins, including one at the lowest approved starting dose		
	<b>ALTERNATIVE<sup>8*</sup></b> n = 314 Duration: 24 weeks		
	Add-on to maximum tolerated statin ± other LLT		
<b>Additional populations</b>	<b>MONO<sup>9*</sup></b> n = 103 Duration: 24 weeks	<b>OPTIONS I<sup>10*</sup></b> n = 355 Duration: 24 weeks	<b>OPTIONS II<sup>11*</sup></b> n = 305 Duration: 24 weeks

\*Subjects completed a qualifying Phase 2 study. †Subjects completed a qualifying Phase 3 study.  
 1. Giugliano RP, et al. *Lancet*. 2012;380:2007-2017. 2. Koren MJ, et al. *Lancet*. 2012;380:1995-2006. 3. Sullivan T, et al. *Lancet*. 2012;380:2018-2027. 4. Raaij F, et al. *Circulation*. 2012;126:2408-2417. 5. ClinicalTrials.gov. Available at: <http://www.clinicaltrials.gov>. Accessed Oct. 2, 2013. 6. Data on file, Amgen; [AMG 145 Protocol 20120332]. Non-Commercial Class D – Materials for Investigator Communications. Not for Reproduction or Distribution

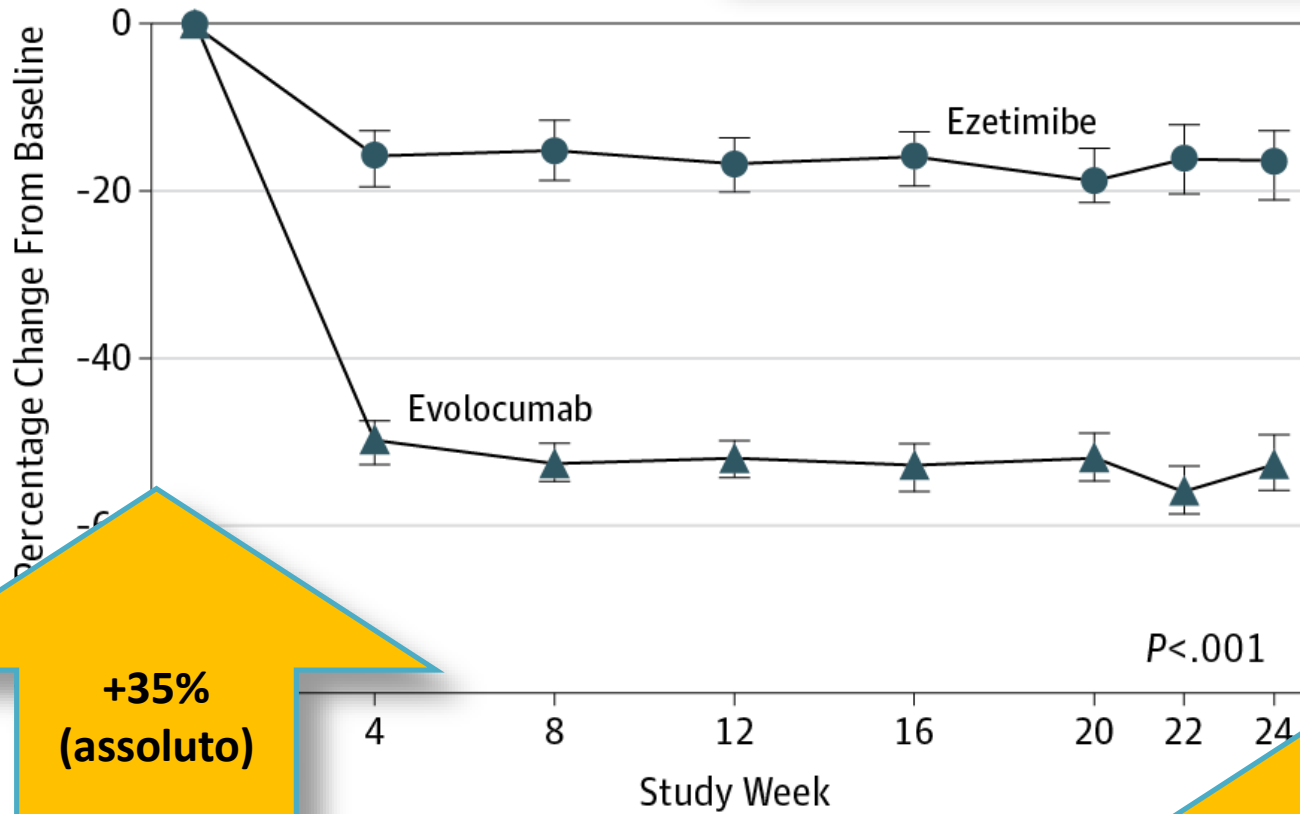


## Key points

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• efficaci in più di ezetimibe



P<.001

**+35%  
(assoluto)**

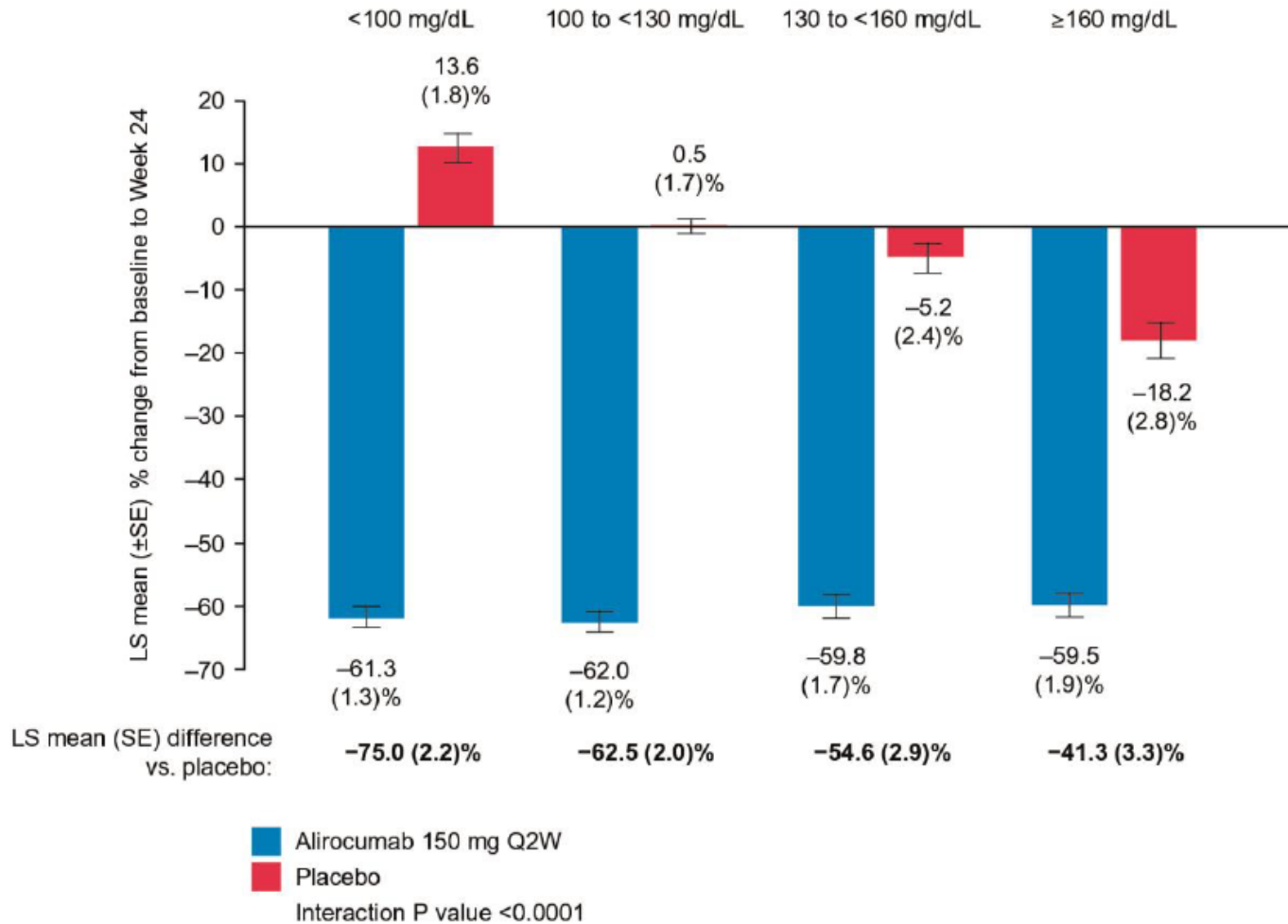
**+220%  
(relativo)**

No. of patients

Ezetimibe	73	72	70	67	67	64	64
Evolocumab	145	142	142	139	137	127	127



• risultato indipendente da valori LDL



# Risultati clinici: in aggiunta in soggetti trattati con atorva ma non a target

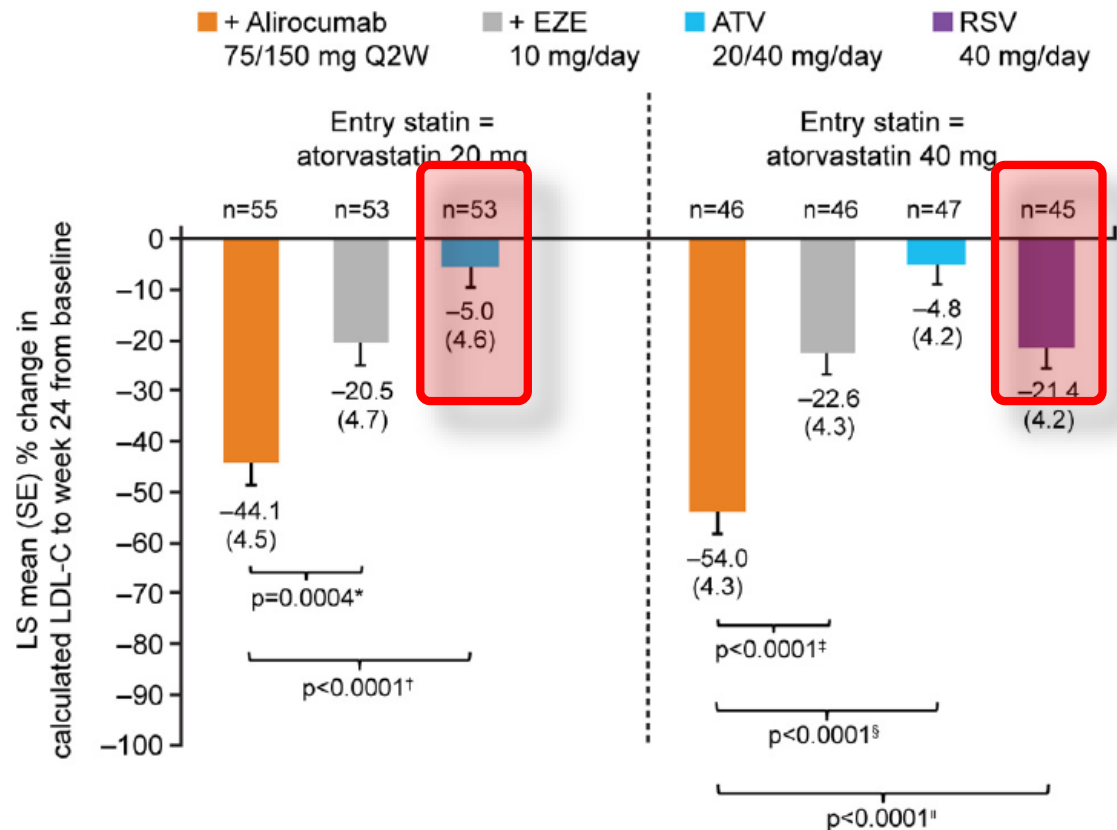
## Alirocumab as Add-On to Atorvastatin Versus Other Lipid Treatment Strategies: ODYSSEY OPTIONS I Randomized Trial

Harold Bays, Daniel Gaudet, Robert Weiss, Juan Lima Ruiz, Gerald F. Watts, Ioanna Gouni-Berthold, Jennifer Robinson, Jian Zhao, Corinne Hanotin, and Stephen Donahue

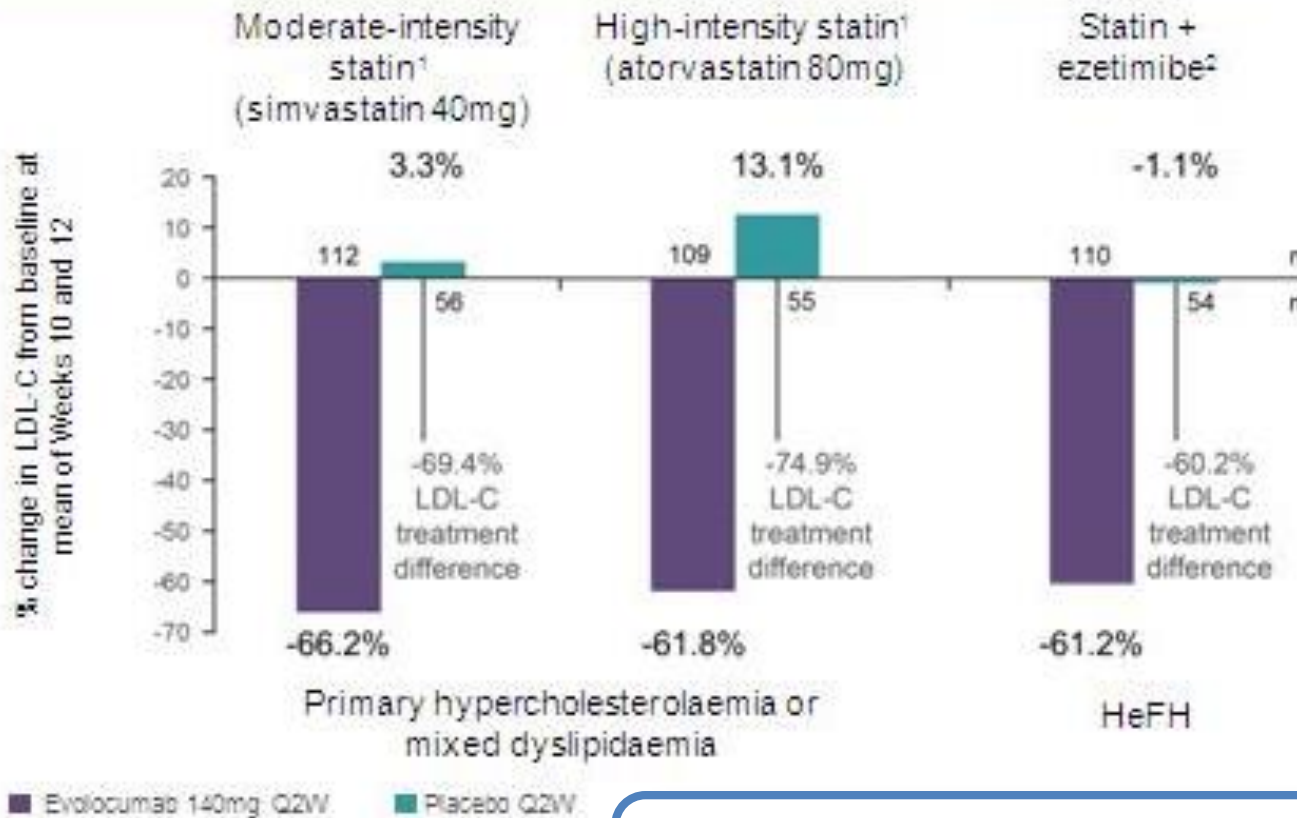
- meglio che titolare
- meglio che switch

+800%  
efficacia

-40%  
aggiuntivo



## Evolocumab reduces LDL-C by $\geq 60\%$ irrespective of background therapy

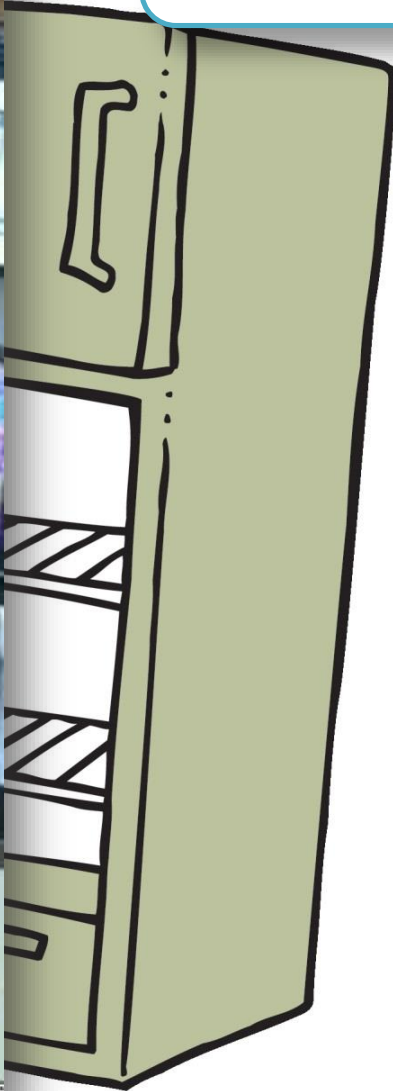


1. Robinson et al. JAMA 2014;311:1870-1882. 2. Raaijmakers et al. JAMA 2015;313:102-110.

• indipendenti da 'potenza' statine

No data...

Studi su endpoints clinici



The NEW ENGLAND JOURNAL of MEDICINE

ORIGINAL ARTICLE

## Evolocumab and Clinical Outcomes in Patients with Cardiovascular Disease

Marc S. Sabatine, M.D., M.P.H., Robert P. Giugliano, M.D., Anthony C. Keech, M.D.,  
Narimon Honarpour, M.D., Ph.D., Stephen D. Wiviott, M.D., Sabina A. Murphy, M.P.H.,  
Julia F. Kuder, M.A., Hwei Wang, Ph.D., Thomas Liu, Ph.D., Scott M. Wasserman, M.D.,  
Peter S. Sever, Ph.D., F.R.C.P., and Terje R. Pedersen, M.D.,  
for the FOURIER Steering Committee and Investigators\*



An Academic  
Organization of

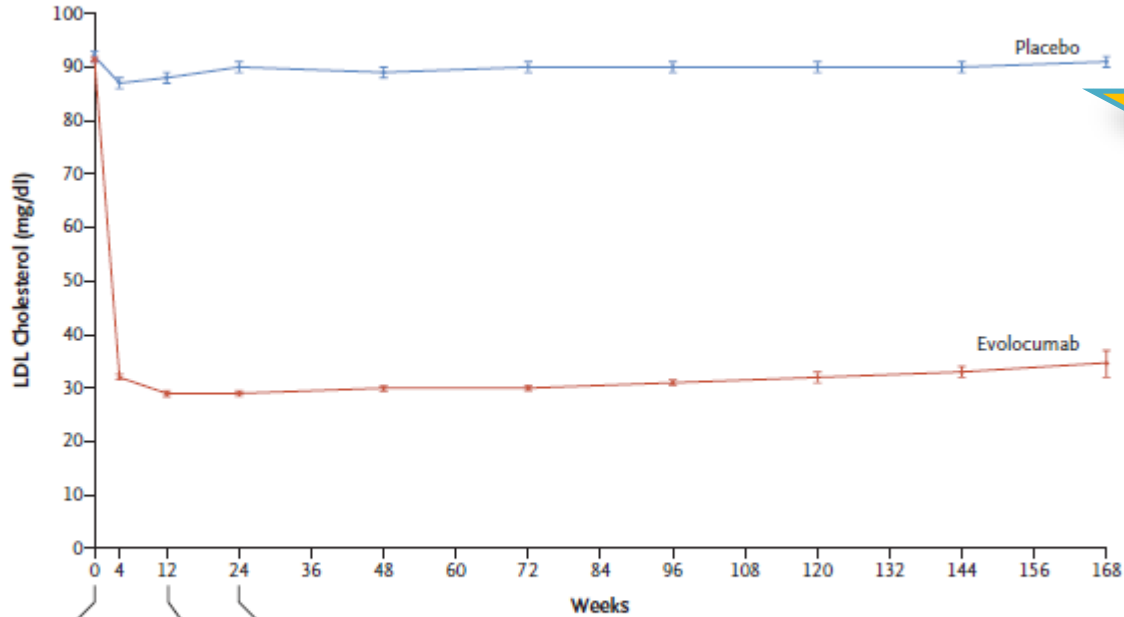


An Academic Research Organization of  
Brigham and Women's Hospital and Harvard Medical School

Pooled data; no differences between treatment arms

# Fourier: results

EVOLOCUMAB IN PATIENTS WITH CARDIOVASCULAR DISEASE



**-60 mg/dl**

**No. at Risk**

Placebo	13,779	13,251	13,151	12,954	12,596	12,311	10,812	6,926	3,352	790
Evolocumab	13,784	13,288	13,144	12,964	12,645	12,359	10,902	6,958	3,323	768

Absolute difference (mg/dl)				56	55	54	52	53	50
Percentage difference				59	58	57	55	56	54
P value	<0.001			0.001	<0.001	<0.001	<0.001	<0.001	<0.001

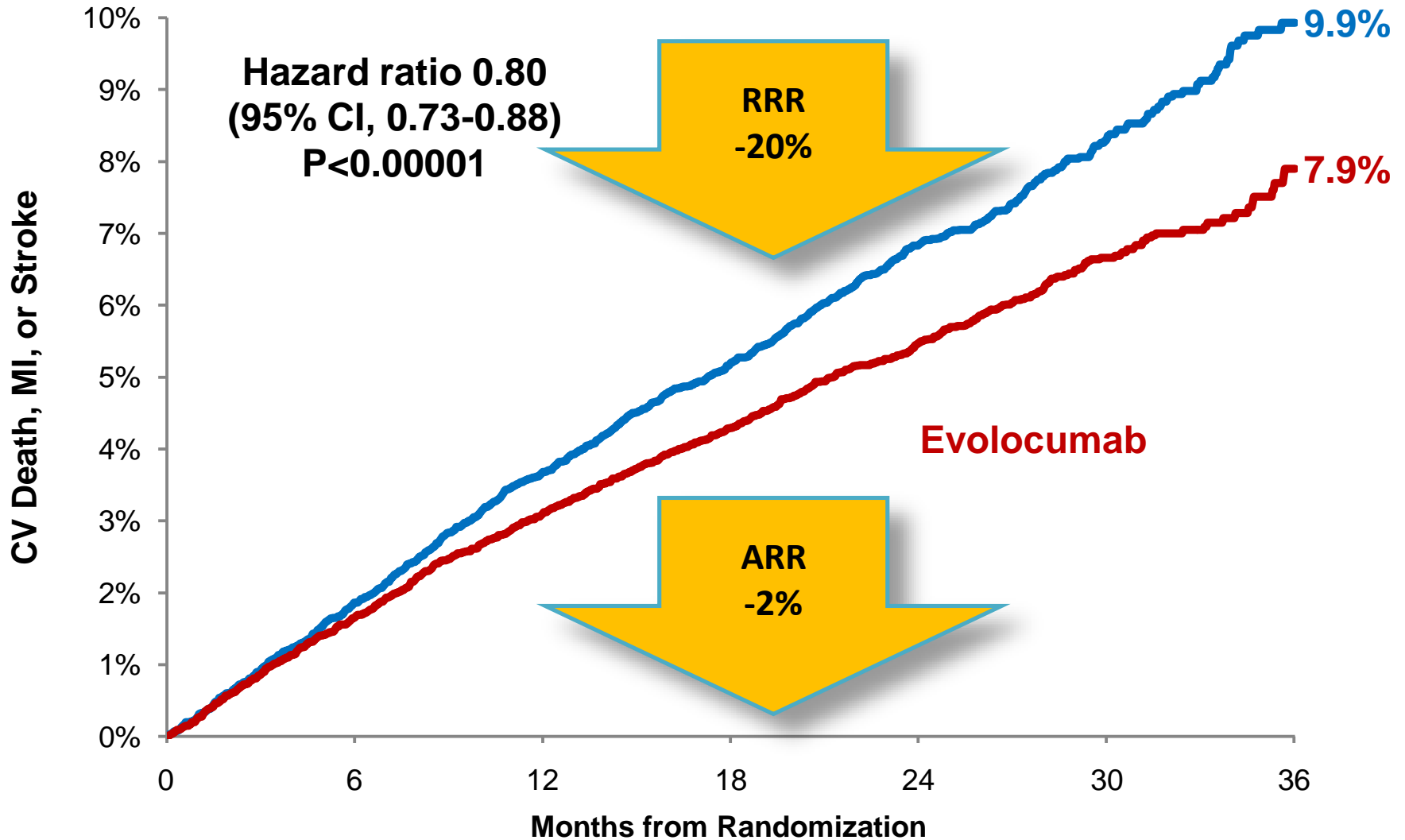
**-66%**





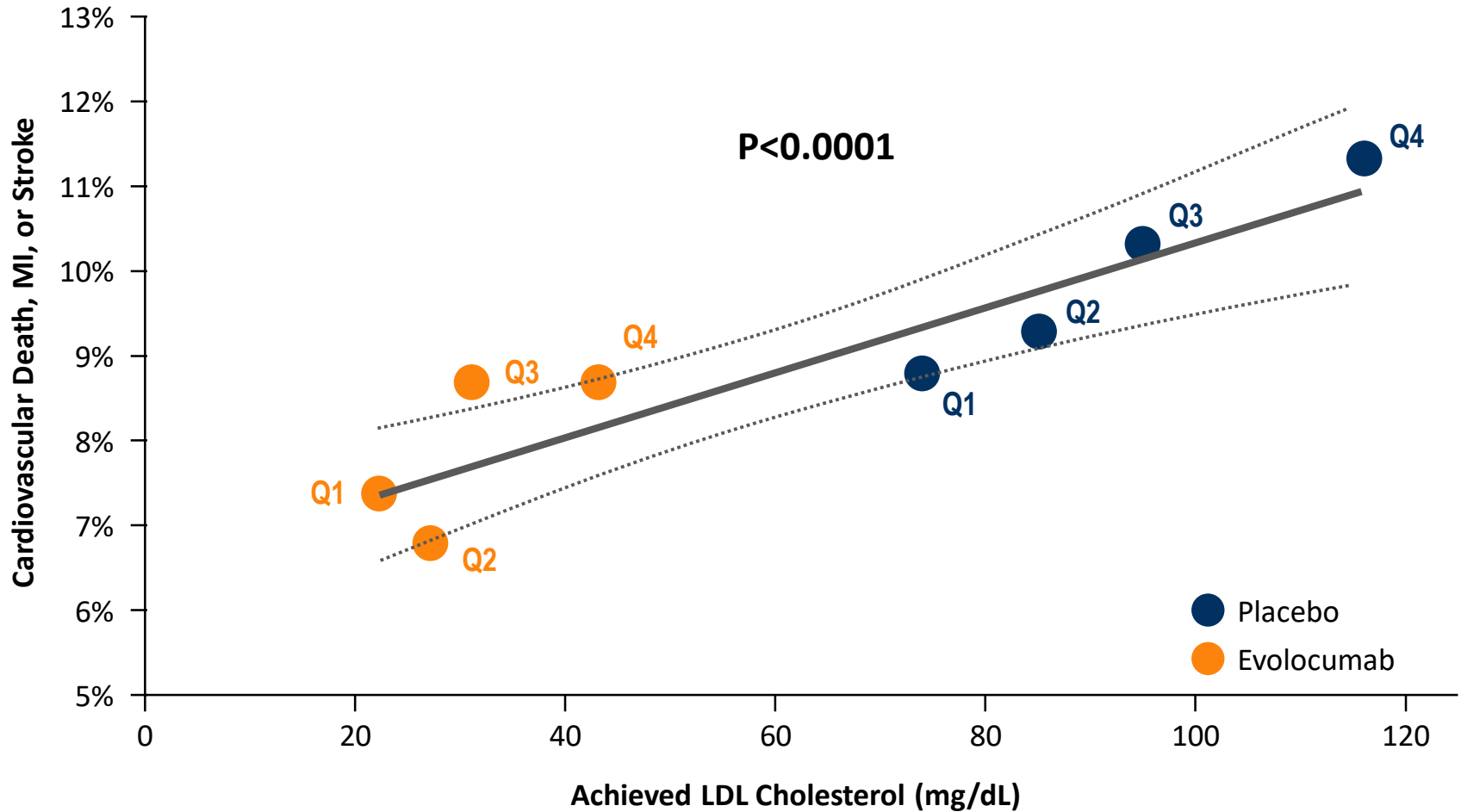


# Key Secondary Endpoint



## Fourier: results per quartiles

Patients divided by quartile of baseline LDL-C and by treatment arm



Sabatine MS, et al. *American College of Cardiology – 66th Annual Scientific Session Late-Breaking Clinical Trial*. Washington, D.C. March 17, 2017.

- **Age** >40 years

## **The ODYSSEY OUTCOMES Trial: Topline Results**

### **Alirocumab in Patients After Acute Coronary Syndrome**

Gregory G. Schwartz, Michael Szarek, Deepak L. Bhatt, Vera Bittner, Rafael Diaz, Jay Edelberg, Shaun G. Goodman, Corinne Hanotin, Robert Harrington, J. Wouter Jukema, Guillaume Lecorps, Angèle Moryusef, Robert Pordy, Matthew Roe, Harvey D. White, Andreas Zeiher,  
**Ph. Gabriel Steg**

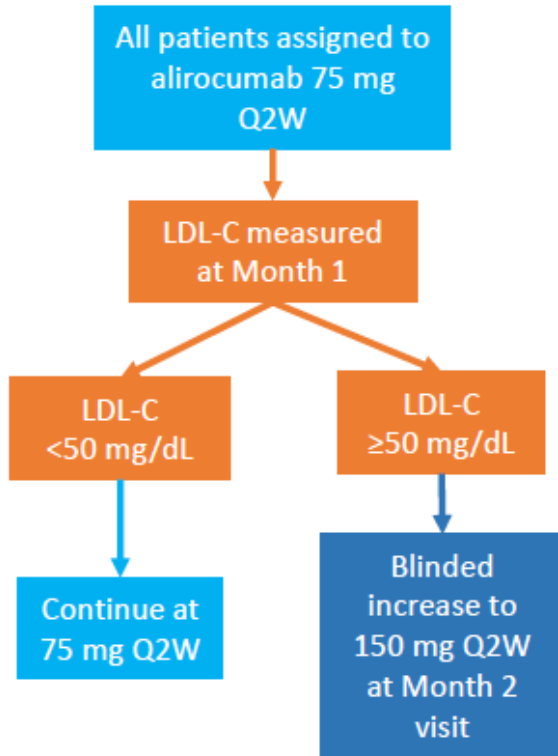
On behalf of the ODYSSEY OUTCOMES Investigators and Committees

American College of Cardiology – 67th Scientific Sessions  
March 10, 2018

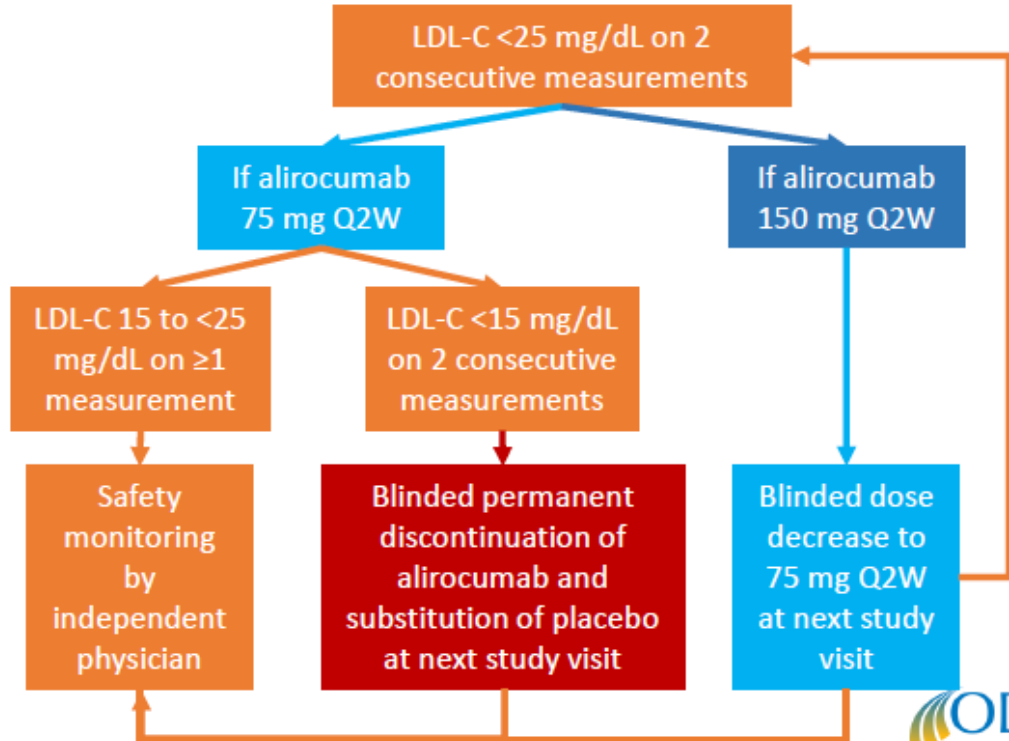
\*Patients not on statins were authorized to participate if tolerability issues were present and documented  
Schwartz GG, et al. Am Heart J 2014;168:682-689.e1.

# Blinded dose titration

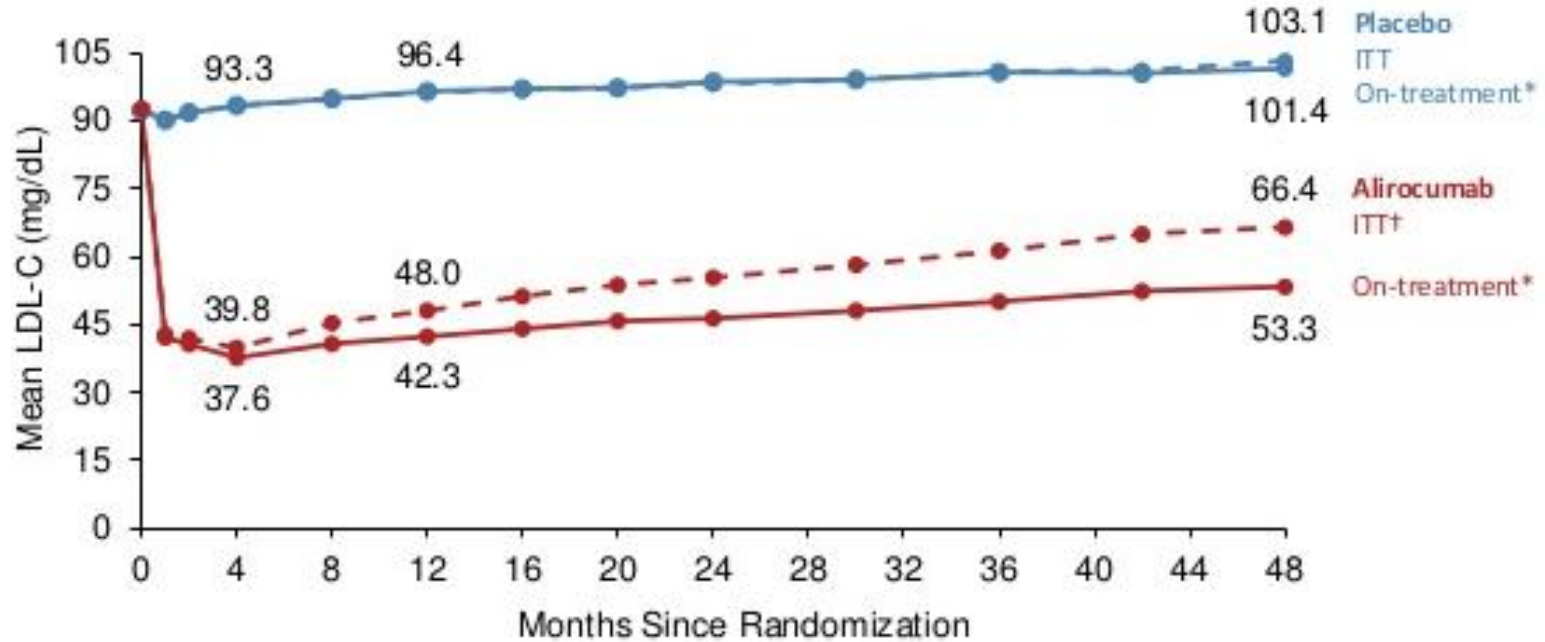
## Up-titration of alirocumab for LDL-C $\geq 50$ mg/dL



## Down-titration of alirocumab and/or safety monitoring for LDL-C <25 mg/dL



# Odyssey outcome: livelli colesterolemia

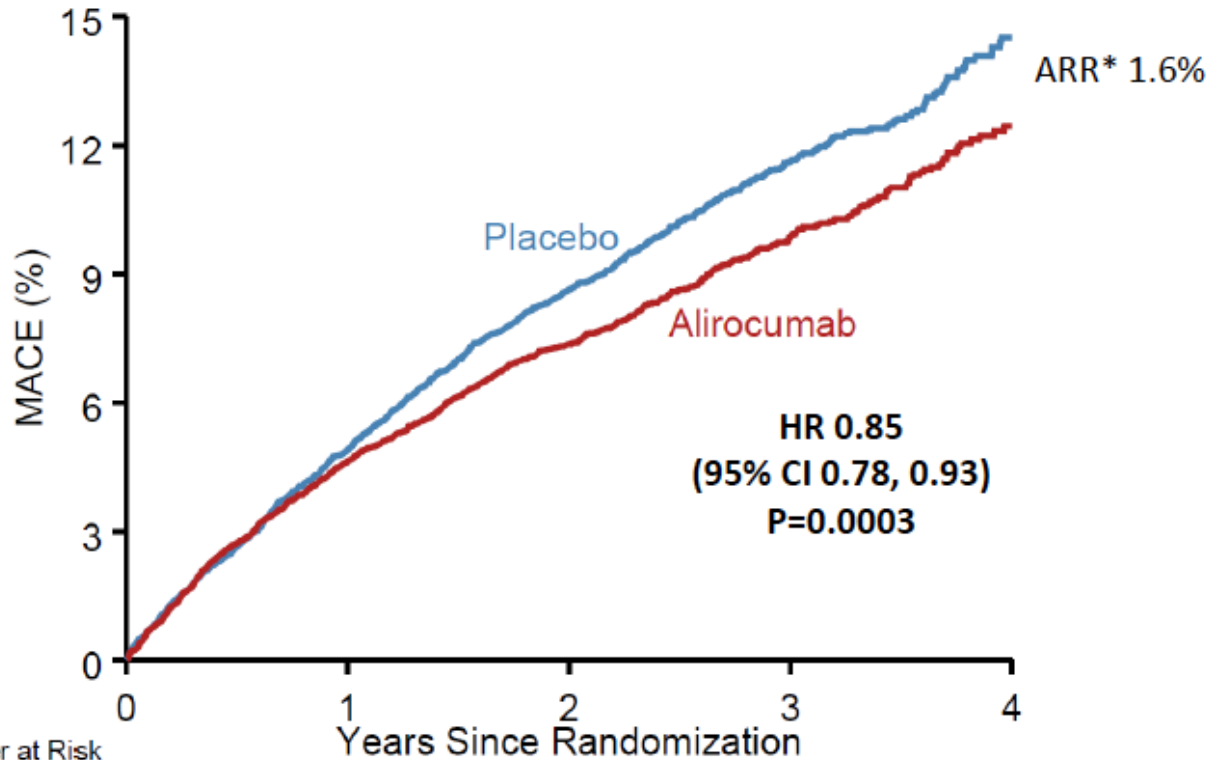


\*Excludes LDL-C values after premature treatment discontinuation or blinded switch to placebo

†All LDL-C values, including those after premature treatment discontinuation, blinded down titration, or blinded switch to placebo

ODYSSEY  
OUTCOMES 28

# Odyssey outcome: endpoint primario



**RRR  
-22%**



# ODYSSEY OUTCOME: risultati



Overall cohort						
Endpoint, n (%)	Alirocumab (N=9462)	Placebo (N=9462)	ARR	NNT	HR (95% CI)	Log-rank P-value
MACE	903 (9.5)	1052 (11.1)	1.6%	64	0.85 (0.78, 0.93)	0.0003
All-cause death	334 (3.5)	392 (4.1)	0.6%	163	0.85 (0.73, 0.98)	0.026*

Patients with baseline LDL-C $\geq$ 100 mg/dL						
Endpoint, n (%)	Alirocumab (N=2814)	Placebo (N=2815)	ARR	NNT	HR (95% CI)	
MACE	324 (11.5)	420 (14.9)	3.4%	29	0.76 (0.65–0.87)	
All-cause death	114 (4.1)	161 (5.7)	1.7%	60	0.71 (0.56–0.90)	



# Key points

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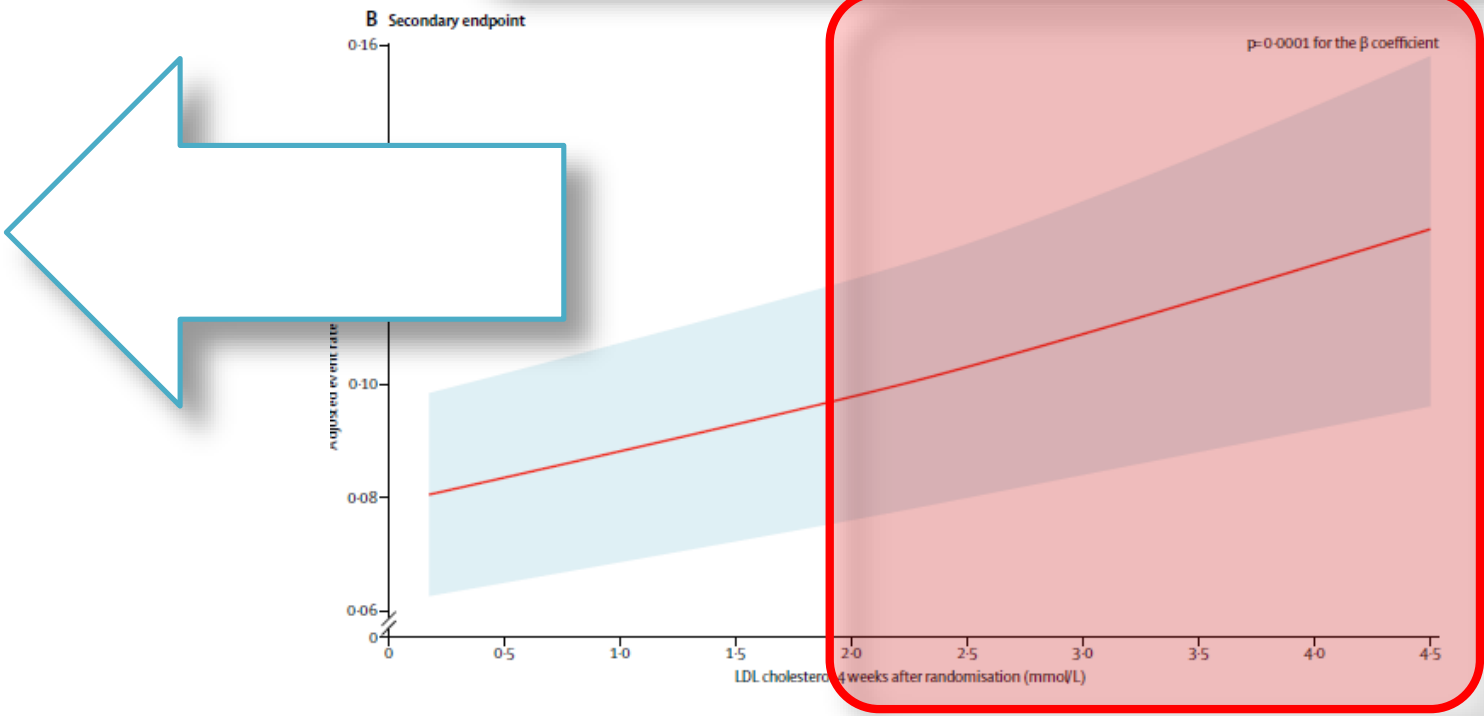




# Clinical efficacy and safety of adalimumab in patients with LDL-cholesterol concentrations > 190 mg/dl: a prespecified secondary endpoint of the FOURIER trial

Robert P Giugliano, Teje R Pedersen, Jeong-Gun Park, Gaetano M De Ferrari, Zhenlai Wang, Jose Lopez-Miranda, François Schiele, François Mach, Brian R Ott, Estella Karvouni, Anthony C Keech, Peter S Sever, Marc S Sabatine, on behalf of the FOURIER Investigators

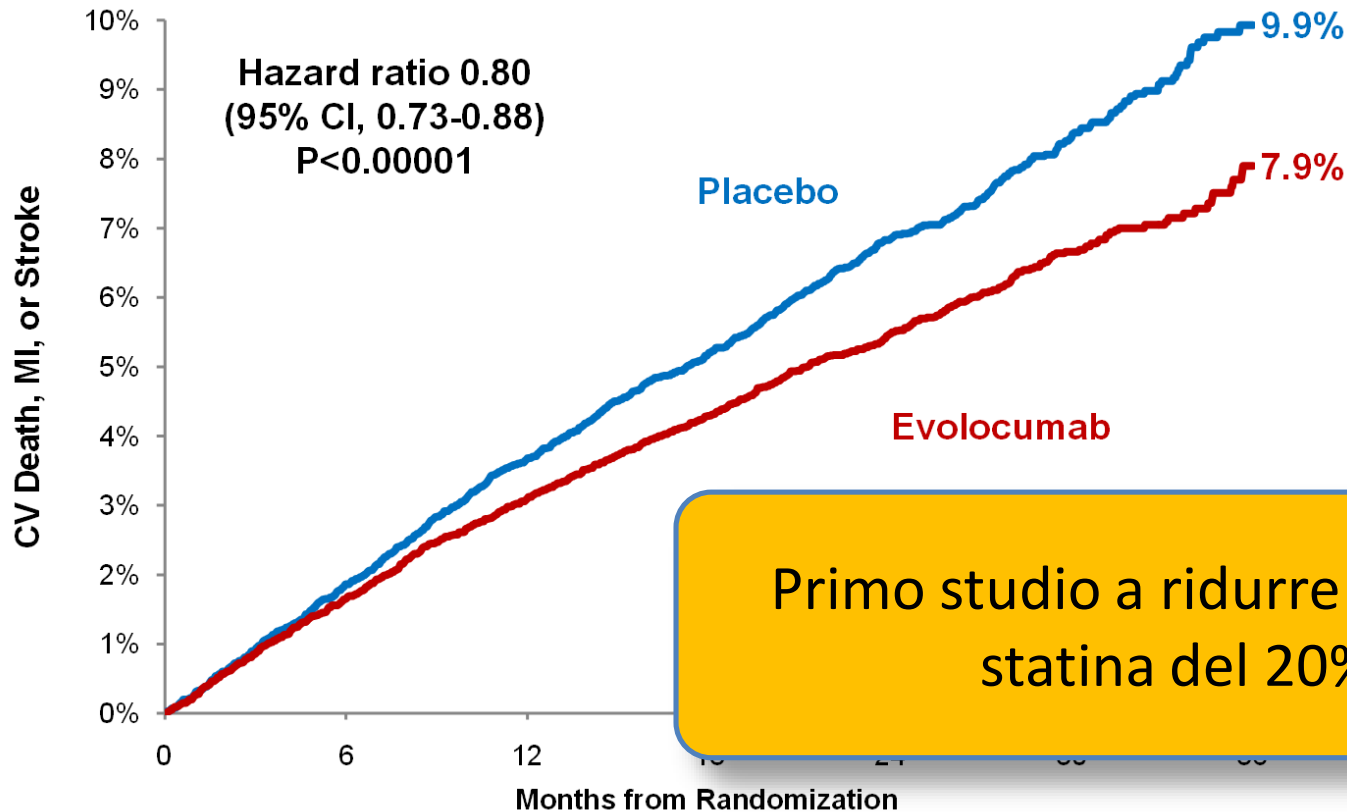
Primo studio a dimostrare riduzione lineare eventi anche sotto i vecchi target 70 (-50)mg/dl



20% RRR



## Key Secondary Endpoint



An Academic Research Organization of  
Brigham and Women's Hospital and Harvard Medical School

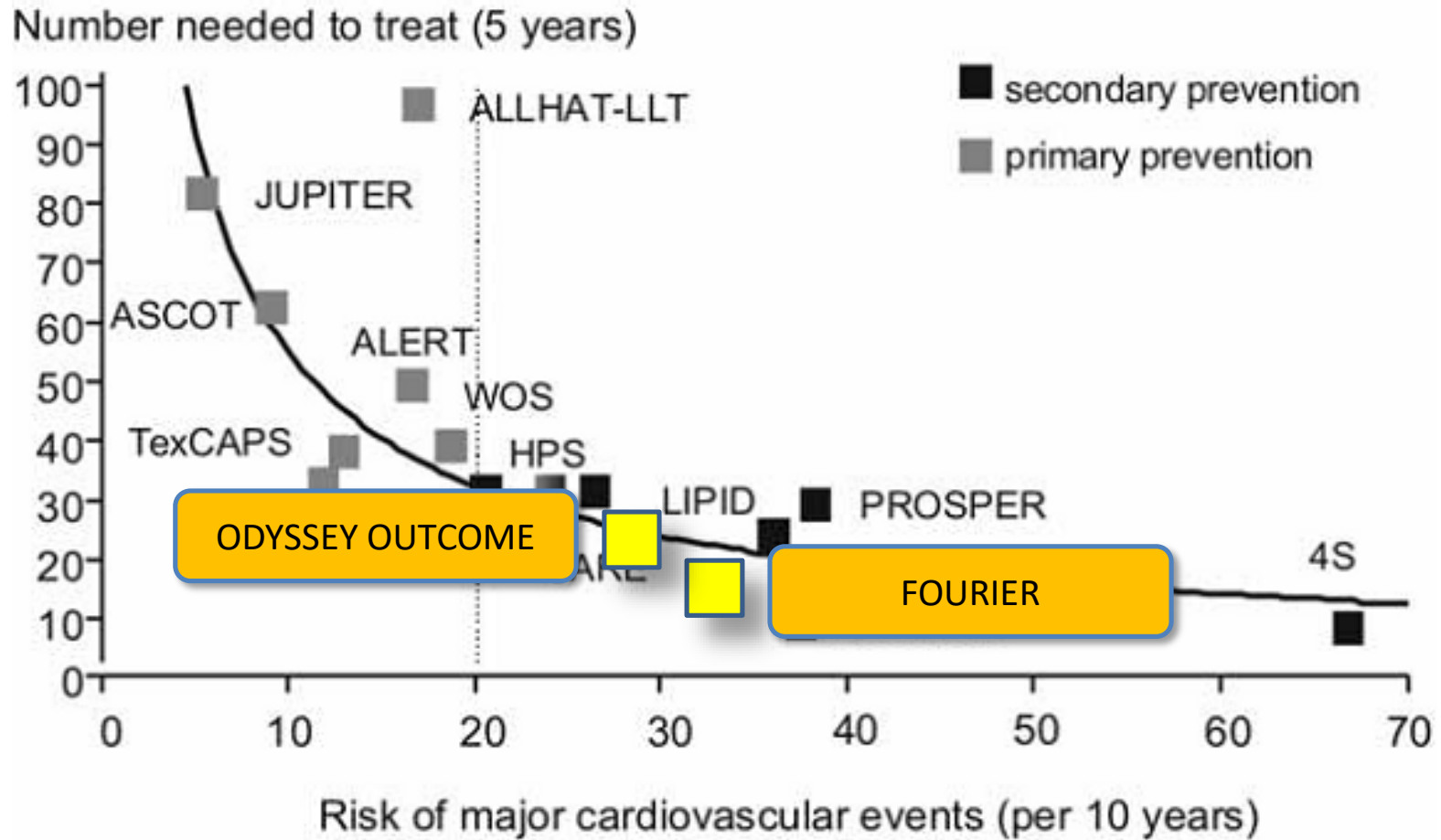


15-30% RRR

Overall cohort						
Endpoint, n (%)	Alirocumab (N=9462)	Placebo (N=9462)	ARR	NNT	HR (95% CI)	Log-rank P-value
MACE	903 (9.5)	1052 (11.1)	1.6%	64	0.85 (0.78, 0.93)	0.0003
All-cause death	334 (3.5)	392 (4.1)	0.6%	163	0.85 (0.73, 0.98)	0.026*
Patients with baseline LDL-C $\geq$ 100 mg/dL						
Endpoint, n (%)	Alirocumab (N=2814)	Placebo (N=2815)	ARR	NNT	HR (95% CI)	
MACE	324 (11.5)	420 (14.9)	3.4%	29	0.76 (0.65–0.87)	
All-cause death	114 (4.1)	161 (5.7)	1.7%	60	0.71 (0.56–0.90)	

Primo studio a ridurre mortalità vs statina

# Number needed to treat nei principali studi sulle statine





## Il 'padre' delle linee guida americane, del FIRE & FORGET

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He also noted that this was a relatively short-term trial, "so this event reduction was seen relatively quickly, which I think is important. We also saw benefit with incremental LDL reduction, all the way down into the 20s and 30s. And frankly, that blows up the ACC/AHA prevention guidelines."

"In 2013, the guidelines were based on dosing of therapeutics and not based so much on level of LDL. But there's a lot of new science, including this trial, that's been published since then. And there are deliberations going on right now about updates," reported Chazal.

"If these drugs were inexpensive, I think they would be used by almost everybody. But because they are expensive, most clinicians are going to be selective. We're going to take the higher-risk patients and treat them," said Nissen.

More discussion on the medication's high cost continued at an afternoon press conference. "This is very expensive, and we can't say everybody will take it now. Instead, we need to be very cautious, and we have to be sure that we identify the right people for treatment," said Fuster.

The risk reduction at 2 years translated to a number needed to treat (NNT) of 74 to prevent a CV death, MI, or stroke. At 3 years, the NNT was about 50, reported Sabatine.



Dr Steven Nissen

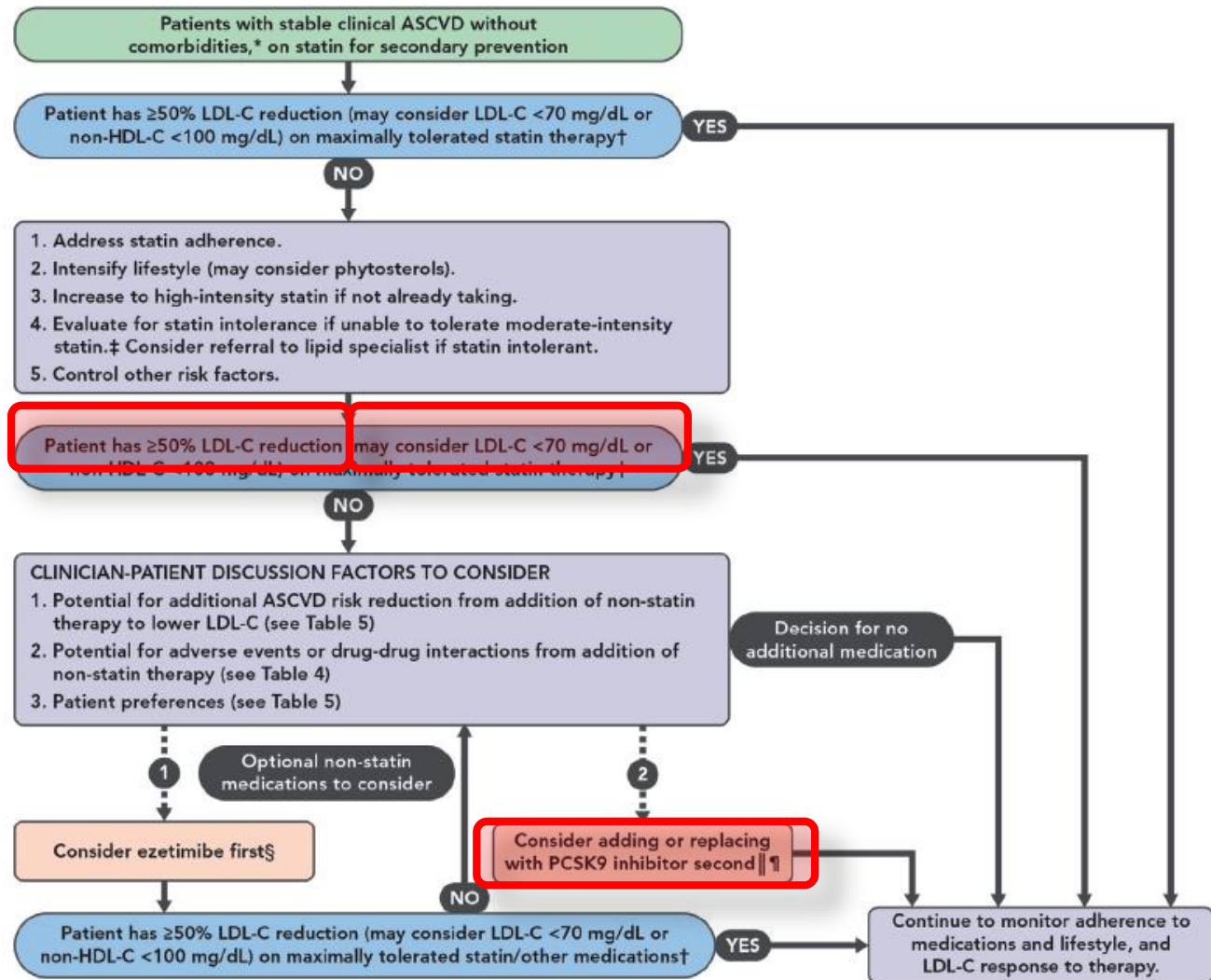
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EXPERT CONSENSUS

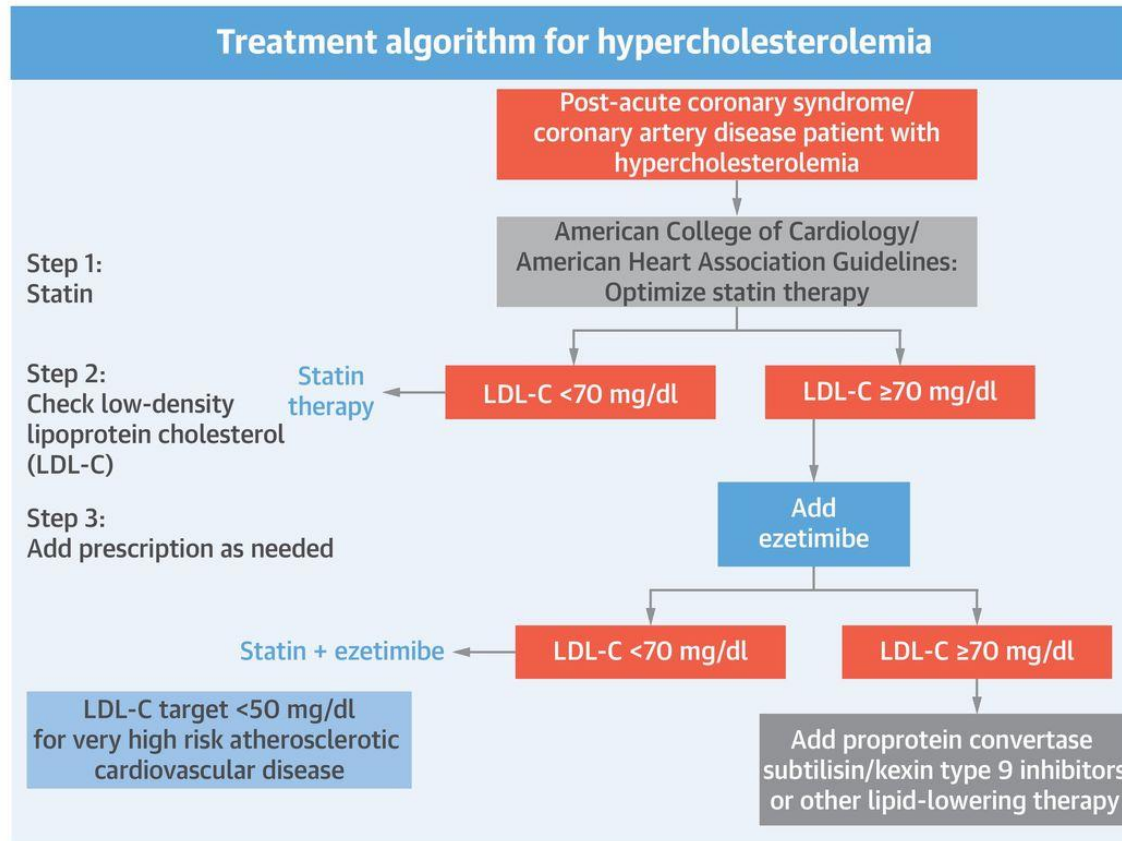
2017 Focus  
2016 American College of Cardiology  
Pathways  
Therapy  
in the Management of  
Cardiovascular Disease

A Report of the American College of Cardiology/American Heart Association  
on Expert Consensus Document  
Endorsed by the National Heart, Lung, and Blood Institute

**FIGURE 2A** Patients  $\geq 21$  Years of Age with Stable Clinical ASCVD without Comorbidities, on Statin for Secondary Prevention



**CENTRAL ILLUSTRATION: Clinical Algorithm for Managing Low-Density Lipoprotein Cholesterol**



Rosenson, R.S. et al. J Am Coll Cardiol. 2018;72(3):314-29.

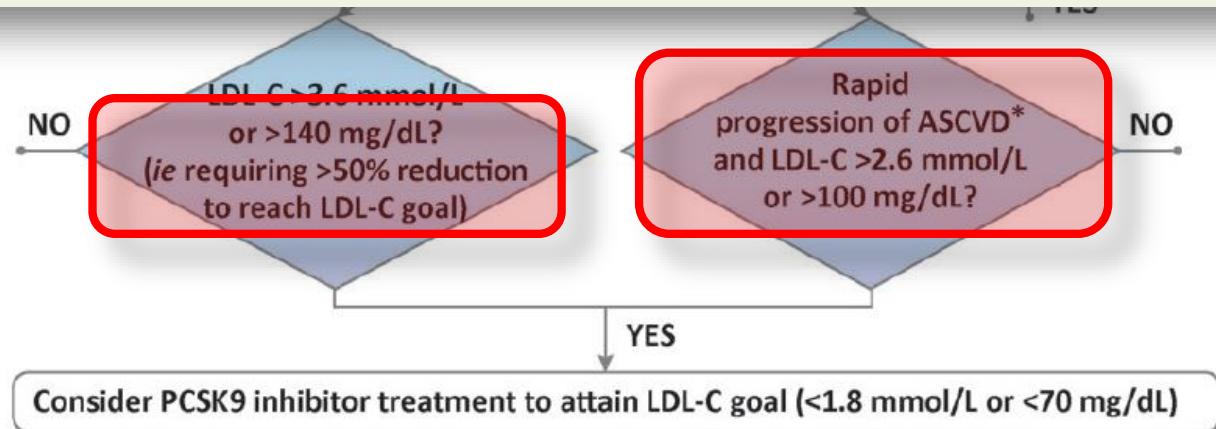




## Patients at very high cardiovascular risk, *ie*

- patients with documented ASCVD, clinical or unequivocal on imaging<sup>§</sup>
- patients with diabetes and target organ damage or with a major risk factor<sup>‡</sup>

\*Rapid progression of ASCVD is defined as repeated acute coronary syndromes, repeated unplanned coronary revascularizations, or repeated ischaemic strokes within 5 years of the index event. The suggested threshold for these patients is based on the consensus of this Joint ESC/EAS Task Force and represents a compromise between selection of patients at highest risk who are most likely to benefit from PCSK9 inhibition and justification of the cost of treatment given financial restraints within healthcare budgets. The Task Force recognizes that ASCVD patients with additional factors indicating a particularly high absolute cardiovascular risk (a non-repeated absolute risk reduction of >2%/year), and with LDL-C levels between 2.6 and 3.4 mmol/L (100 and 140 mg/dL) may be considered for PCSK9 inhibition on an individual basis according to the attending clinician's judgement of the absolute risk of the patient. This means that in this LDL-C range at present only patients with a 5-year risk of major adverse cardiovascular events >20% would be recommended to be considered for PCSK9 inhibition, so that the anticipated absolute risk reduction can reach >2%/year (based on the relation between absolute LDL-C reduction and prevented major adverse cardiac events in the Cholesterol Treatment Trialists' Collaboration analysis). Here, both the absence of data from randomized clinical outcome trials at present and considerations for cost-effectiveness had to be taken into account.



Ulf Landmesser  
Stephan Gijsbertsen  
Lale Tokgözoğlu  
Alberico L. Di Corleto  
the European

# Timing prescrittivo



IMA



Statina alta intensità (16 w)



Ezetimibe (2 m)



PCSK9i



6 mesi

Almeno 100 LDL

9-12 mesi

## Lipid levels in patients hospitalized with coronary artery disease in Get With the Guidelines

Amit Sachdeva, MD,  
Sidney C. Smith, Jr.,  
GWTG Steering Committee  
Chapel Hill and Durham

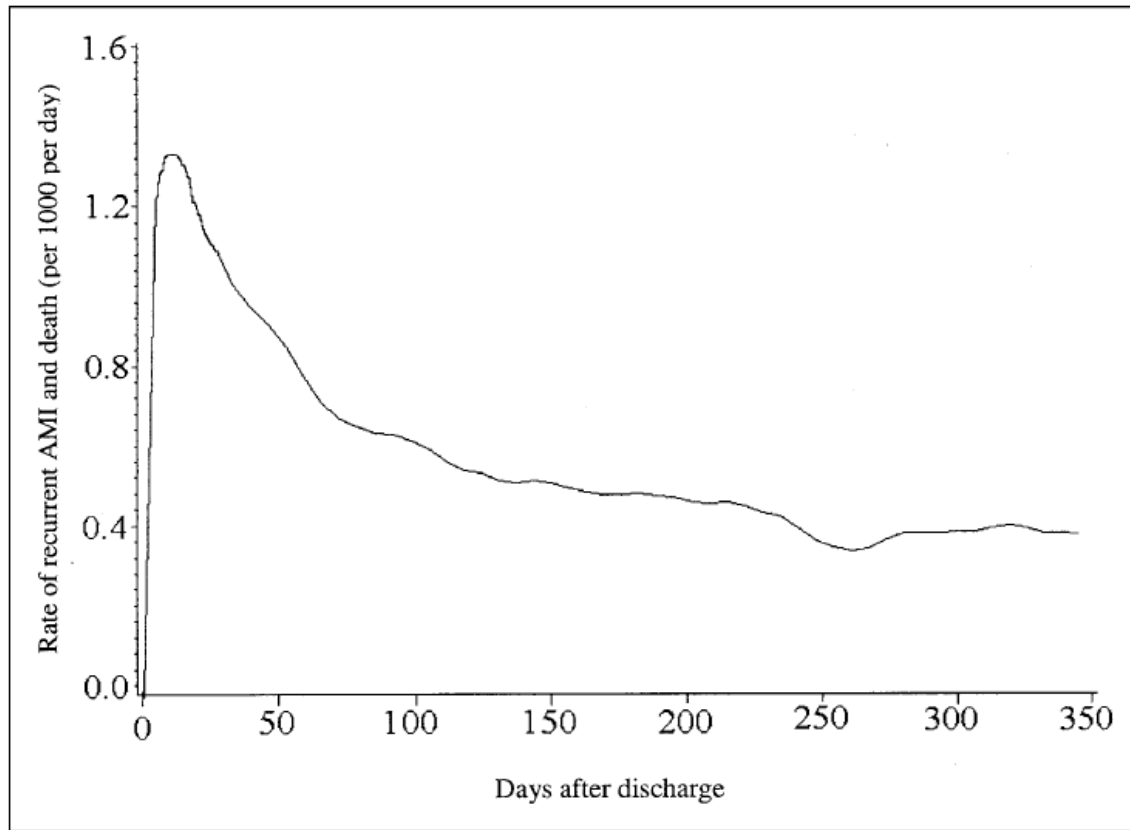



Figure 2. Rate of recurrent AMI or death during 1 year after hospital discharge (Quebec, Canada, 1996 to 2000).

0%



ESC Congress Paris 2019  
Together with



**ESC**  
European Society  
of Cardiology

European Heart Journal (2019) **00**, 1–78  
doi:10.1093/eurheartj/ehz455

**ESC/EAS GUIDELINES**

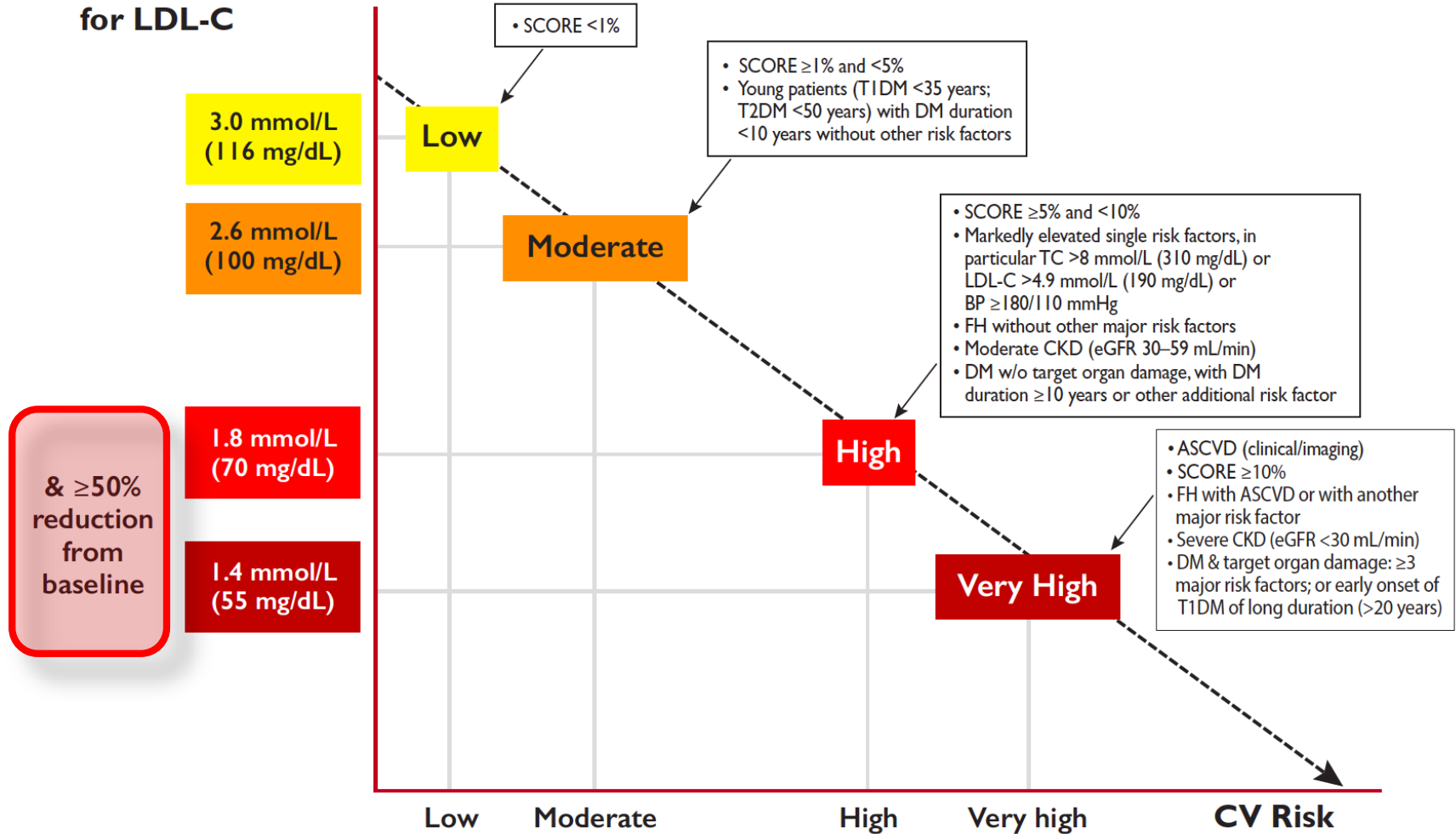


ESC Guidelines  
25 YEARS

## 2019 ESC/EAS Guidelines for the management of dyslipidaemias: *lipid modification to reduce cardiovascular risk*

**The Task Force for the management of dyslipidaemias of the European Society of Cardiology (ESC) and European Atherosclerosis Society (EAS)**

## B Treatment goal for LDL-C



## Recommendations for lipid-lowering therapy in very-high-risk patients with acute coronary syndromes

Recommendations	Class <sup>a</sup>	Level <sup>b</sup>
In all ACS patients without any contraindication or definite history of intolerance, it is recommended that high-dose statin therapy is initiated or continued as early as possible, regardless of initial LDL-C values. <sup>438,440,442</sup>	<b>I</b>	<b>A</b>
Lipid levels should be re-evaluated 4–6 weeks after ACS to determine whether a reduction of $\geq 50\%$ from baseline and goal levels of LDL-C $< 1.4$ mmol/L ( $< 55$ mg/dL) have been achieved. Safety issues need to be assessed at this time and statin treatment doses adapted accordingly.	<b>IIa</b>	<b>C</b>
If the LDL-C goal is not achieved after 4–6 weeks with the maximally tolerated statin dose, combination with ezetimibe is recommended. <sup>32</sup>	<b>I</b>	<b>B</b>
If the LDL-C goal is not achieved after 4–6 weeks despite maximal tolerated statin therapy and ezetimibe, the addition of a PCSK9 inhibitor is recommended. <sup>119,120</sup>	<b>I</b>	<b>B</b>
In patients with confirmed statin intolerance or in patients in whom a statin is contraindicated, ezetimibe should be considered.	<b>IIa</b>	<b>C</b>



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Journal of the American College of Cardiology

August 2019

DOI: 10.1016/j.jacc.2019.08.010

[PDF Article](#)

## ORIGINAL INVESTIGATIONS

Just Accepted

# Evolocumab for Early Reduction of LDL-Cholesterol Levels in Patients with Acute Coronary Syndromes (EVOPACS)

Konstantinos C. Koskinas, Stephan Windecker, Giovanni Pedrazzini, Christian Mueller, Stéphane Cook, Christian M. Matter, Olivier Muller, Jonas Häner, Baris Gencer, Carmela Crljenica, Poorya Amini, Olga Deckarm, Juan F. Iglesias, Lorenz Räber, Dik Heg and François Mach



# Very very high risk patients

## Recommendations for treatment goals for low-density lipoprotein cholesterol

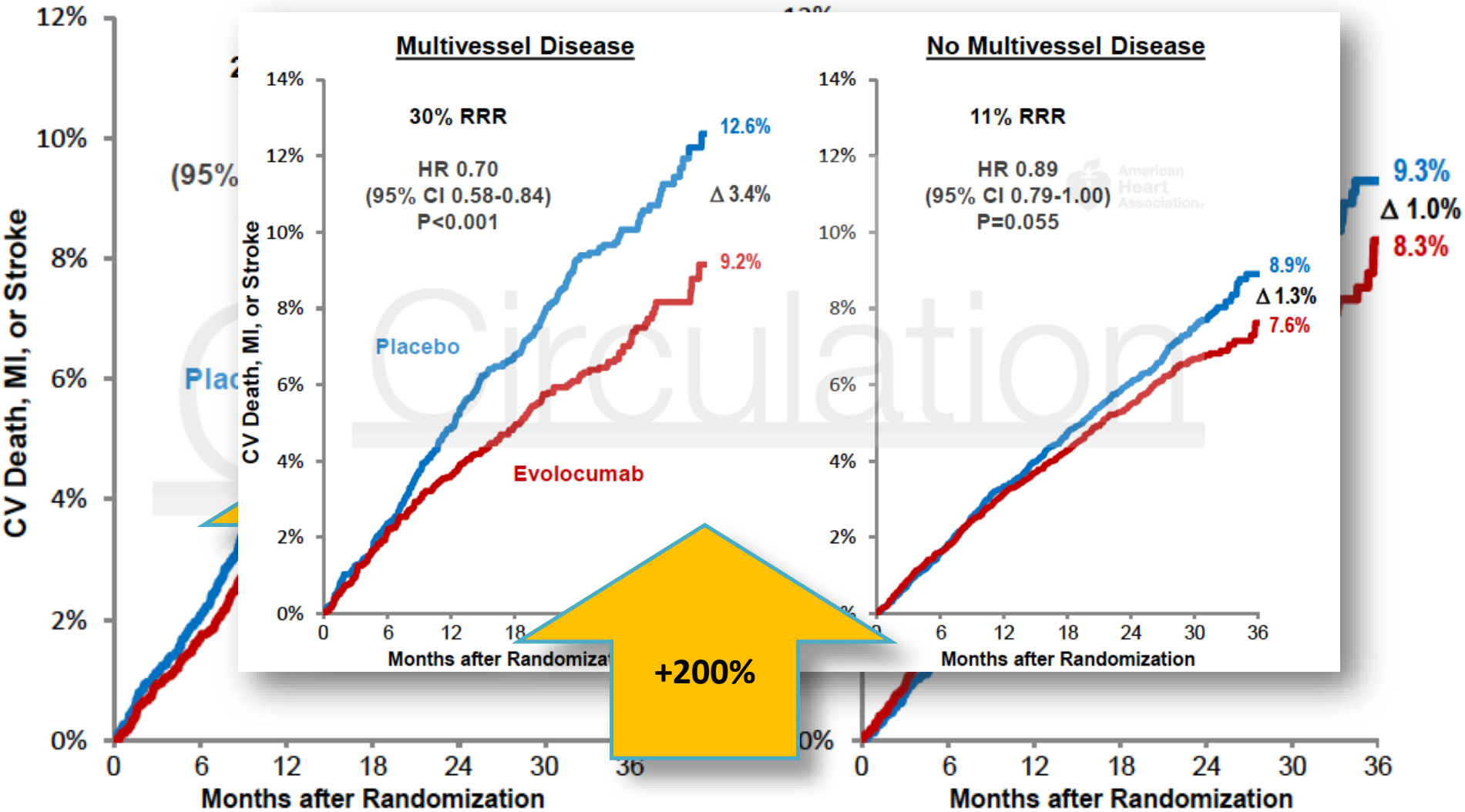
Recommendations	Class <sup>a</sup>	Level <sup>b</sup>
In secondary prevention for patients at very-high risk, <sup>c</sup> an LDL-C reduction of $\geq 50\%$ from baseline <sup>d</sup> and an LDL-C goal of $< 1.4$ mmol/L ( $< 55$ mg/dL) are recommended. <sup>33–35,119,120</sup>	I	A
In primary prevention for individuals at very-high risk but without FH, <sup>c</sup> an LDL-C reduction of $\geq 50\%$ from baseline <sup>d</sup> and an LDL-C goal of $< 1.4$ mmol/L ( $< 55$ mg/dL) are recommended. <sup>34–36</sup>	I	C
In primary prevention for individuals with FH at very-high risk, an LDL-C reduction of $\geq 50\%$ from baseline and an LDL-C goal of $< 1.4$ mmol/L ( $< 55$ mg/dL) should be considered.	IIa	C
For patients with ASCVD who experience a second vascular event within 2 years (not necessarily of the same type as the first event) while taking maximally tolerated statin-based therapy, an LDL-C goal of $< 1.0$ mmol/L ( $< 40$ mg/dL) may be considered. <sup>119,120</sup>	IIb	B
In patients at high risk, <sup>c</sup> an LDL-C reduction of $\geq 50\%$ from baseline <sup>d</sup> and an LDL-C goal of $< 1.8$ mmol/L ( $< 70$ mg/dL) are recommended. <sup>34,35</sup>	I	A
In individuals at moderate risk, <sup>c</sup> an LDL-C goal of $< 2.6$ mmol/L ( $< 100$ mg/dL) should be considered. <sup>34</sup>	IIa	A
In individuals at low risk, <sup>c</sup> an LDL-C goal $< 3.0$ mmol/L ( $< 116$ mg/dL) may be considered. <sup>36</sup>	IIb	A



# Sottoanalisi Fourier: come identificare i pazienti con maggior beneficio

## Qualifying MI <2 years ago

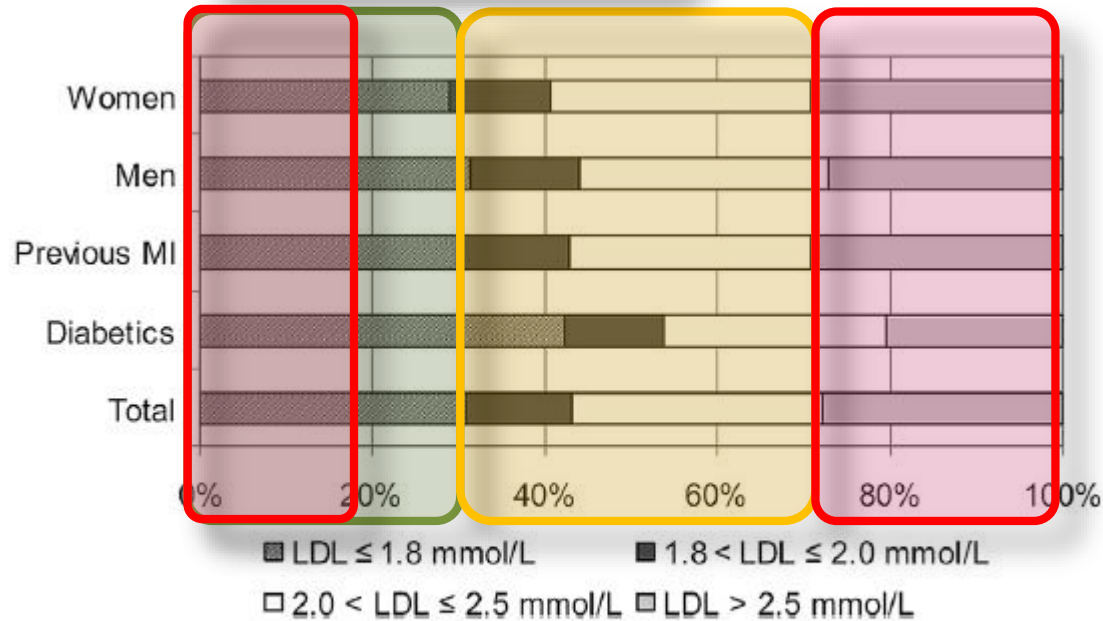
## Qualifying MI ≥2 years ago



# Terapia ipocolesterolemizzante: soggetti a target

LDL <70 mg/dl  
30%

- 17.000 pz
- Registro SWEDHEART



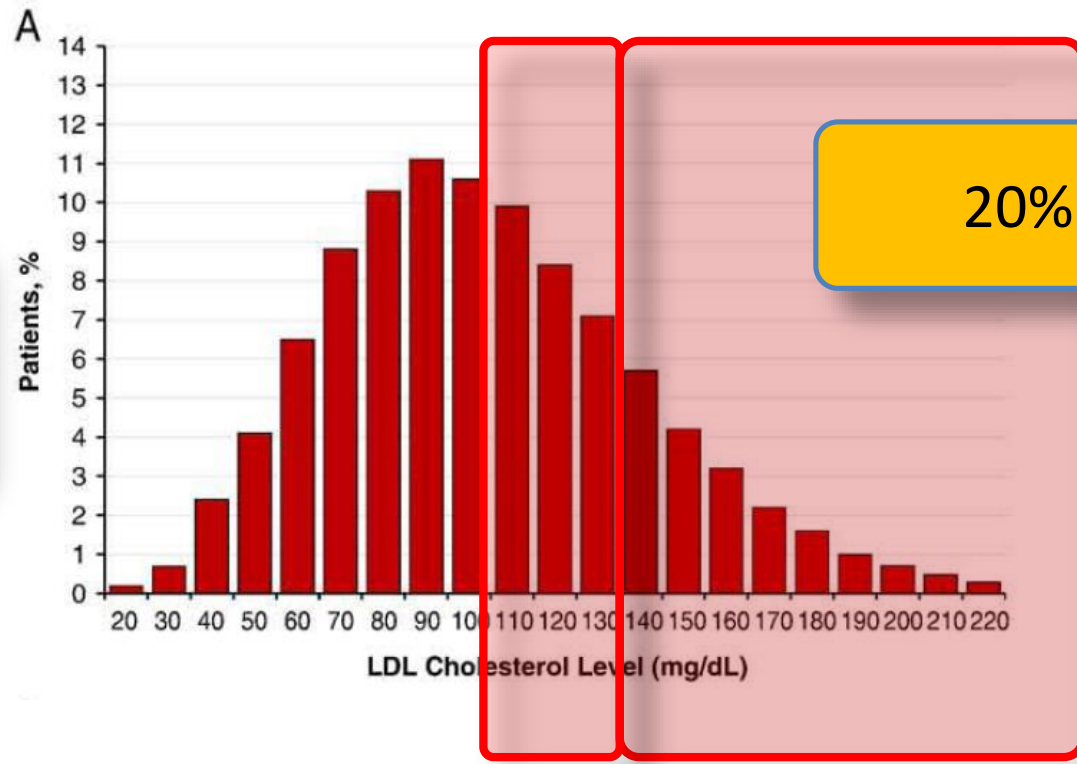
LDL >120 mg/dl  
30%

Figure 3. Frequency of LDL-C in patients with previous MI, myocardial infarction.

LDL 70- 120mg/dl  
40%

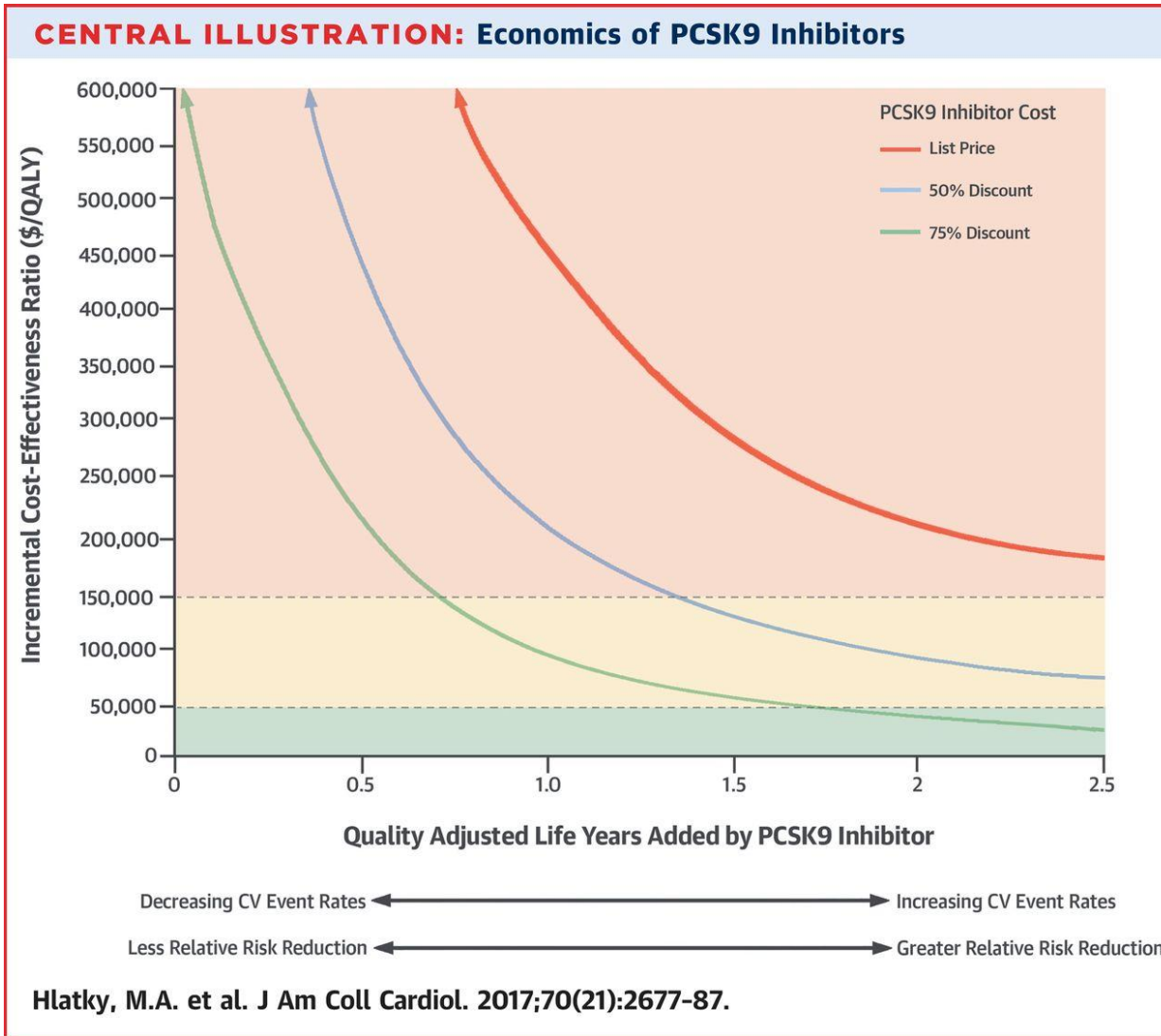
## Lipid levels in patients hospitalized with coronary artery disease: An analysis of 136,905 hospitalizations in Get With The Guidelines

Amit Sachdeva, MD,<sup>a</sup> Christopher P. Cannon, MD,<sup>b</sup> Prakash C. Deedwania, MD,<sup>c</sup> Kenneth A. LaBresh, MD,<sup>d</sup> Sidney C. Smith, Jr, MD,<sup>e</sup> David Dai, MS,<sup>f</sup> Adrian Hernandez, MD,<sup>f</sup> and Gregg C. Fonarow, MD<sup>a</sup> on behalf of the GWTG Steering Committee and Hospitals *Los Angeles and San Francisco, CA; Boston and Waltham, MA; and Chapel Hill and Durham, NC*



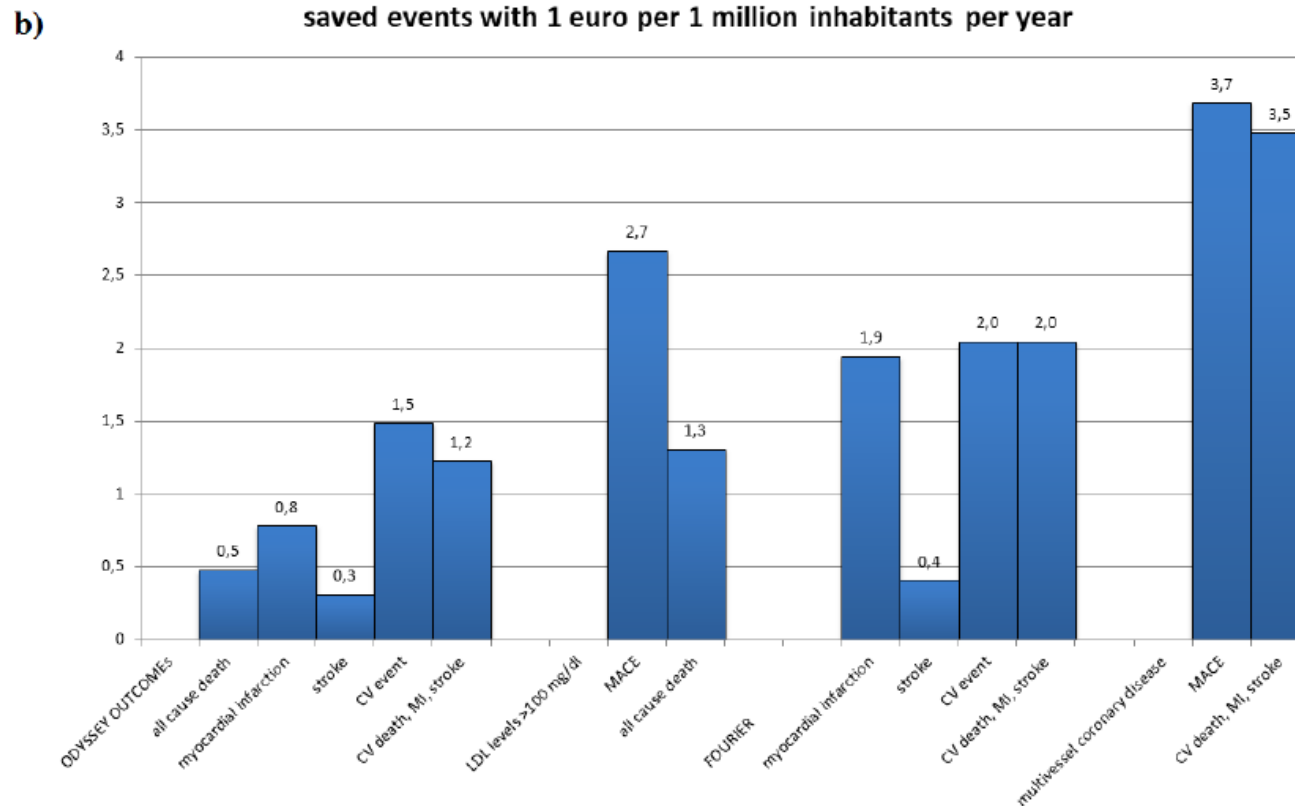
+25%  
=45%

20%

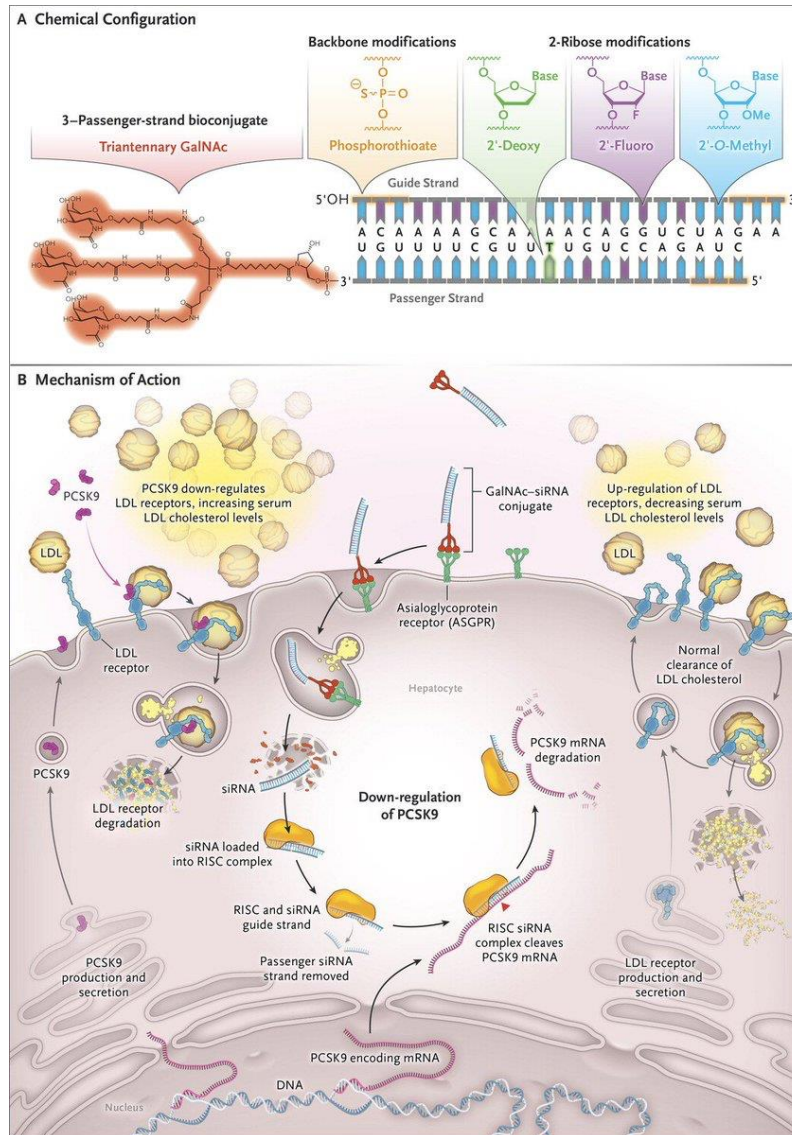


## openheart Budget impact analysis of PCSK9 inhibitors costs from a community payers' perspective in Apulia, Italy

Natale Daniele Brunetti,<sup>1</sup> Luisa De Gennaro,<sup>2</sup> Lucia Tricarico,<sup>1</sup> Pasquale Caldarola<sup>2</sup>



# Inclisiran



## ORION-11: Background and rationale

## Phase I-II inclisiran studies identified 2x/year dose no

-60%

Dose-fir  
durable,

• 300mg

• Tested

• PD mc

• Extens

### ORION-11: Exploratory endpoint Adverse cardiovascular events



#### Cardiovascular TEAEs

Safety population<sup>1,2</sup>

#### Placebo

N = 804

#### Inclisiran

N = 811

Pre-specified exploratory CV endpoint<sup>3</sup>

83 (10.3%) 63 (7.8%)

Cardiovascular death

10 (1.2%) 9 (1.1%)

Fatal or non-fatal MI and stroke<sup>4</sup>

30 (3.7%) 12 (1.5%)

Fatal or non-fatal MI

22 (2.7%) 10 (1.2%)

Fatal or non-fatal stroke

8 (1.0%) 2 (0.2%)

1. Ray et al. N En

Inibizione PCSK9

Valori estremamente bassi LDL

Nuovi target linee guida

Unmet needs

